

The Weekly Bulletin

April 29/May 1, 2016

HAPPENING THIS WEEK:

Spring Pledge Drive

The Spring Pledge Drive is underway! Each of you should have received a letter and pledge brochure in the mail this past week and we hope you will pledge generously. Pledge Drive Dinners are being planned and if you have not yet been invited to one, you will be shortly. The potluck dinners are designed for you to get to know your neighbors and hear from Board members who will bring you up to date about what is happening in our church today. (Margaret Mann)

Workshop with Karen Harris: *Educating the Heart*

Sunday | 5/1 | 11:45 am – 2:45 pm | Sanctuary

Please use this link to register for the workshop: (Sunday drop-ins are okay too!)

<https://www.eventbrite.com/e/workshop-with-karen-harris-educating-the-heart-tickets-24877909497>

In all of her Sunday sermons, Karen has been focusing on the benefits of cultivating our emotional intelligence, especially on the relevant teachings of the major world religions. How can we put those teachings into practice? Drawing on all three of the themes that Karen preached on -- the power of loving compassion, our attitude toward our difficult relationships, and healing our broken hearts -- we will engage in practical exercises designed to support us in the lifelong project of educating our hearts.

Gallery on the Pali presents "Tropical Roots" by Ron Root

On display 5/1 - 6/2 | Gallery Hours: T-F, 10 am-6 pm & S/S, 2-6 pm

On the web @ Unitariansofhi.org/exhibits

Artist's Reception: Saturday | 5/7 | 6:00 - 8:00 pm

Enjoy acrylic paintings by Hawaii Kai artist Ron Root in the Gallery on the Pali.

Root, who has been a high school art and photography teacher for 30 years as well as a stained glass artisan for more than 20 years, will have paintings that demonstrate the versatility of acrylics and bright tropical colors.

Drop In for Sunday Morning Meditation

Sundays | 9:00 am - 9:50 am | Fred Harper Room

Contact: Carla Allison | cbm@hawaii.rr.com

Join the growing Hindu Honolulu Meditation Group Sunday mornings in the Fred Harper Room from 9:00 to 9:45am. Feel free to bring your own meditation ritual or, if you are a beginner, you may want to try the Hong-Sau technique to help get you started. We begin with 15 minutes of instruction, social and sharing time then connect as we meditate together from 9:15 to 9:45am. Finish in time to join the 10am worship service. To learn about the Hong-Sau technique visit

<http://www.ananda.org/meditation/getting-started/how-to-meditate/> Questions? Contact Carla Allison, the group's coordinator or simply arrive by 9:00 am to join the weekly session. (Carla Allison)

Have something for the Newsletter or Weekly Bulletin?

Have Announcements, Photos, Artwork, Short Poems/Prose, or other pieces (50-100 words) to add to the Newsletter or *Weekly Bulletin*?

Newsletter Copy to Aimee Olivera Sanchez FUCH-Newsletter-Team@googlegroups.com

Weekly Bulletin copy to Katy Launert FUCH-Weekly-Bulletin-Team@googlegroups.com

Deadline Reminder:

For the *Weekly Bulletin*, every Tuesday at Noon;

For the *Church Newsletter*: every Third Sunday at Noon. (Katy Launert)

UPCOMING ACTIVITIES:

Opera Night Out - FREE!

Contact: Norma Nichols | norman@hawaii.rr.com

Preceded by Potluck Pupus - be Green bring your own plate, utensils, and drinks. Performances are shown via sub-captioned DVD on a large screen. Also feel free to arrive early and/or stay late to help set up and clean up. Performances are formal - Dress is casual.

Friday | 4/29 | 6:00 - 9:50 pm | First Unitarian Church of Honolulu
Puccini's *Rigoletto* with Domingo and Levine

Friday | 5/27 | 6:00 - 9:50 pm | First Unitarian Church of Honolulu
Donizetti's *L'elisir D'Amore* with Anna Netrebko and Rolando Villazón (Norma Nichols)

Book Discussion Group

Wednesday | 5/4 | 7:00 pm | Fred Harper Room

We will discuss *The Islands at the End of the World* by Austin Aslan. This is a hypothetical story where almost all electrical systems of the world have become non-functioning. Teen-age age Leilani, who suffers from severe epilepsy, and her father have an action-packed struggle getting from Oahu back home to the Island of Hawaii.

Wednesday | 6/2 | 7:00 pm | Fred Harper Room

We will discuss *An Astronaut's Guide to Life On Earth* by Chris Hadfield in which he draws upon his many experiences as a pilot, astronaut and space station commander to support his philosophy of life. (Roger Wickenden)

Play Reading

Friday | 5/13 | 6:00 pm | Fred Harper Room

"Heartbreak House" by G. B. Shaw

Hawaii State Public Library has at least six copies. The play is in collected works / not individually. Call Downtown Main Library 586-3499 to find a copy near you. A copy can be sent to your closest library for pick up. Renate Ryan will be our casting/director. (Norma Nichols)

Mark Your Calendars

Sunday | 5/15 | 11:30 am – 1:30 pm

The May meeting will be about the institutionalization of racism.

ADORE (A Dialogue On Race and Ethnicity) was founded by Paula Cole Jones who gave a wonderful sermon and workshops at First Unitarian in November. The goal of ADORE is to provide a safe space for people to openly and honestly discuss about race, a subject so often swept under the rug. For more information, please contact co-chairs, Jill Rabinov and Allison Jacobs at adore@unitariansofhi.org. (Charlotte Morgan)

UU's Helping the Homeless

Monday - Sunday | 5/16-5/21 | Evening through Morning | Nuuanu Congregational Church

Contact: Catherine Graham | dreamaloha@hawaii.rr.com

Did you know that we UU's partner with Nuuanu Congregational Church 4 times a year to cook dinners for 3 homeless families for a week? The families are part of a program run by Family Promise. They are homeless families who are also working. Family Promise vets them, then houses them for 3 to 4 months while they receive services and look for permanent housing. They house them in different churches for a week at a time. When the families stay across the street from us at Nuuanu Congregational Church, we UU's cook the dinner and one of us spends the night.

Molly Rowland, Marilyn Bornhorst, Catherine Graham, Nancy Schildt, the RE program, Lisa Wong Jacobs & Sheila O'Keefe a few of those that have been helping out for years. We would love for others to join us.

What it entails:

Cooking a meal for around 15 people. We usually cook at home and bring it in ready to serve. Rice is provided. This usually includes 3 families or moms, dads and kids of various ages plus 3 or 4 volunteers. The families may be Micronesian, local or from the mainland. We stay and eat with them and visit. If we bring children along, they can play with the children staying there.

We are also recruiting for someone to spend the night - for security's sake. Bed and rest room are provided. You would get breakfast in the morning too if you'd like.

We are recruiting for the week of May 15 - 21. Please will you be available to help provide dinner on any of these nights or stay over?

- ◆ Monday night, May 16th
- ◆ Tuesday night, May 17th
- ◆ Wednesday night, May 18th
- ◆ Thursday night, May 19th
- ◆ Friday night, May 20th
- ◆ Saturday night, May 21st

For more info or to volunteer, contact Catherine Graham.

OPPORTUNITIES:

“Happiness Does Not Have To Be A Project, It Is A Journey”

Author and Church member Nohemi Molano Lewis's newest book is now available at www.Amazon.com. Through May 2016 she and husband Michael are sharing the net profits of sales

to our church 'ohana members with our church. Journey with Nohemi and discover how you can find and keep happiness. Feel free to write a review. (Carla Allison)

Volunteer for the "Hope Gala"

Saturday | 5/7 | All Day | Hawaii State Art Museum

Contact: Birgitta Vaivai-Soderberg | birgitta.vaivai@cancer.org

The American Cancer Society is hosting their annual 'Hope Gala- Midnight in New Orleans' on May 7th at the Hawaii State Art Museum. They are fundraising to find a cure for cancer, and to build 'Hope Lodge', which is a hotel where cancer patients can stay for free while undergoing treatment.

Please also feel free to visit www.hopegalahonolulu.org to read more about the event.

FUCH is being invited to help volunteer for this event. Birgitta Vaivai-Soderberg, event coordinator, has worked closely with FUCH before as well as with some of our own members.

They are in search of volunteers over the age of 16 that can assist with a range of tasks. However, we are mainly looking for volunteers to assist us with "Food and Beverage" services.

All volunteers would receive free parking at Central Intermediate School (at 1302 Queen Emma Street), a black T-shirt, and food and beverages throughout the event.

Contact Birgitta for details on volunteer positions and a volunteer application. (Birgitta Vaivai-Soderberg)

Keep those Pictures Coming!!!

Calling All Smart Phone Users: when you take pictures of events at Church, why don't you immediately send them to the Newsletter Gang at fuch-newsletter-team@googlegroups.com

You will receive a photo credit in the Newsletter. Thank you for taking pictures of the amazing things we do at First Unitarian. (Charlotte Morgan)

Needed: Weekly Bulletin Coordinator

Contact: Katy Launert | katylaunert@gmail.com

Weekly Bulletin Team | FUCH-Weekly-Bulletin-Team@googlegroups.com

Your current coordinator for the Weekly Bulletin will be leaving the island May 27, 2016. If you're looking for a way to put your talents to work for your church - this may be it! You will need access to email and google drive plus about an hour a week. Training provided! (Katy Launert)

Chalice Circles Offer Connection, Community and Caring

Contact: Carla Allison | cbm@hawaii.rr.com | 396-1488

Heather Lemkelde | hlemkelde@gmail.com | 462-7860

Connect with others in deep conversation and benefit from being part of a caring community of Unitarian Universalists and friends. Always open to new members, Chalice Circles are 5-10 people who meet twice a month for two hours to explore preselected topics. Membership requires commitment to regular attendance twice each month through June, 2016.

Want to find out how to become a participant? Become a Chalice Circle Facilitator? Host a group? Contact Carla or Heather.

Current Locations, Dates & Times

- ❖ Town: 1st & 3rd Saturdays @ 2:00 - 4:00 pm
- ❖ Hawaii Kai: 2nd & 4th Mondays @ 6:30 - 8:30 pm
- ❖ Kailua: 2nd & 4th Saturdays @ 3:00 - 5:00 pm
- ❖ Kaka'ako: 2nd & 4th Wednesdays @ 6:30 - 8:30 pm
- ❖ Nu'uaniu: 2nd & 4th Tuesdays @ 10:00 am - 12:00 pm
- ❖ Mililani: 2nd & 4th Wednesday @ 6:30 - 8:30 pm (Carla Allison)

AmazonSmile Donations

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to First Unitarian Church of Honolulu whenever you shop on Amazon. If you are someone who uses Amazon regularly or just once in a while, please go to <http://unitariansofhi.org/amazon> and sign up. The Church will receive a donation whenever you make an order! (Jennifer Kane)

WORSHIP PROGRAM:

Contact: Jim Cooper, Worship Coordinator | jim.c.cooper@gmail.com | 595- 4047 or Martina Queenth, Worship Team Co-Chair | martinaq@juno.com

Sunday, May 1, 10:00 am

“Reconciliation: Healing the Broken Heart” by Karen Harris, M.Div.

The Buddha taught that suffering is inevitable, but our hearts also carry the capacity for healing. What is the alchemical power that transforms our brokenness into wholeness? Drawing on lessons learned from her own greatest adversary, Karen will lead us in a fearless encounter with our own life stories.

Worship Associate: Russell Castagnaro

New Worship Coordinator – Jim Cooper

Contact: Jim Cooper | jim.c.cooper@gmail.com | 592- 4082

Aloha e worshipful UUs! Note that our Worship Program has a new volunteer Worship Coordinator, Jim Cooper. In this time of transition, we are drawing on mainland guests, consulting ministers, local guests, and in-house talent to provide all Sunday services. Jim will coordinate the moving parts in this complex Worship Program to ensure consistently inspiring and compelling worship experiences at First Unitarian. See you Sunday! (Steve Lohse)

Worship Team – MAY 2016 MEETING

Tuesday | 5/3, 2016 | 6:00 – 7:30 pm | Fred Harper Room

Contact: Eleanor Kleiber | 595- 4047 | worship@unitariansofhi.org

The Worship Program of the First Unitarian Church of Honolulu provides inspiring and compelling worship experiences that sustain us emotionally and intellectually; inform everything we do as a Church; and enlist members in the cause of our Mission, inspired by our Principles, boldly to grow Compassion, Justice, and Joy.

The Worship Team meets on the FIRST TUESDAY of every month at 6:00 pm in the Fred Harper Room, all visitors welcomed. Contact worship@unitariansofhi.org or 808-595-4047 or see <http://www.unitariansofhi.org/worship> for more information about the Worship Program at First Unitarian. (Eleanor Kleiber)

RELIGIOUS EDUCATION:

Contact: Katie Ackerman | re@unitariansofhi.org

Donate Your Gently Used Children's Clothes!

Nan is heading to the Philippines to offer an "Our Whole Lives" sexuality education class and has asked us to donate gently used children's clothing. Do you have some? Betting so! Bring them to church this Sunday and we will see they get to folks in need!

Build Your Own Sermon? Want to Say Something?

Join us for an exciting opportunity to create a sermon. This is a four-class workshop that will help you craft a 15-20 minute sermon from your ideas and vision. Not sure you have a vision? We help you create and clarify, expand and elaborate, illustrate and enlighten, then stand and wax poetic. If you like, you may actually give the sermon at a FUCH Service! Dates and times for meetings will be set based upon the schedules of interested parties. RE@unitariansofhi.org

Summer Volunteer Signups Start this Sunday!

Get ready to help out this summer -- yes, you! Even if you have never taught, you are welcome to join in. We will get you trained in a jiff and you can enjoy a summer class of "Just So Stories" with activities and snacks! See the signup booth this Sunday to participate!

Summer Socials Coming in May

In May our parent group will start a "Summer Social" series at the church. This is a low-key, summer "intersession" of the Young Families Covenant Group series. We will open up registration soon. Childcare will be provided, fee will apply.

Mother's Day Second Sunday Lunch

RE Youth will be producing the Mother's Day Second Sunday Lunch: Soup, Salad, and Sandwiches! No moms to be preparing, so if you would like to volunteer to help the kids, please email RE@unitariansofhi.org.

Camping: May 13-15 at Bellows!

Mark your calendars and consider joining RE families at Bellows for another camping weekend. Details to follow, but generally, we identify a block of sites and then individually log on to the website and reserve. Should be a GREAT weekend! We will have some structured activities, and lots of free time!

SOCIAL JUSTICE:

Contact: Steve Lohse | 595-4047 | sjc@unitariansofhi.org

2016 Food Drive – FINAL TALLY – \$3040.66 + 198 lbs

Compassion Action Update – Our annual First Unitarian Food Drive in support of the Hawaii Food Bank wrapped up on Sunday, April 10. On Friday, April 22, we delivered 198 lbs of canned goods and \$2540.66 to the Food Bank. With a \$500 employer match, our Food Drive Final Tally is \$3040.66 and 198 lbs! GOOD JOB! Remember, the Food Bank provides 250 hot meals for every \$100 in donations. It is Compassion, Cash, and Canned Goods all the way to the Food Bank, so no one in Hawaii goes hungry. (Susan Lebo)

OWL Goes to the Philippines!

Nan Kleiber reports, some of you may know that we are taking Facilitator Training for OWL (Our Whole Lives) to Dumaguete in May. Rev. Jory Agate, an originator of the OWL programs who spent

three years in the Peace Corps in Dumaguete, is the leader of the Training Team. Eric Morrow and I are the rest of this OWL Team. We will train approximately 20 people as OWL facilitators, including UU Church of the Philippines (UUCP) staff, and then assist as they facilitate the Philippines OWL program for 60 youth from several different language groups. Wow! [Nan leaves for Dumaguete on Monday May 2.] (Nan Kleiber)

Kanenuiakea: A Living Faith and Practice

The current issue of Dharma World (Vol. 43, April-June) features “Kanenuiakea: A Living Faith and Practice” by Kumu Glen Kila and Prof. George Williams. Because Hawaiian culture has been reconstructed from myths and stories that represent a child’s level of understanding, the depth of its spirituality has not been seen or appreciated. Kanenuiakea worship was shared in public for the first time in over 120 years in Hawaii at the First Unitarian Church of Honolulu and internationally at the International Association for Religious Freedom (IARF) Congress several years ago. Check out the article! (George Williams)

TIAH Open Table – Dying with Dignity

Tuesday | 5/17 | 7:00 – 8:30 pm | First Unitarian Church of Honolulu

Contact: Steve Lohse | 595- 4047 | sjc@unitariansofhi.org

The Interfaith Alliance Hawaii (TIAH) is collaborating with Compassion & Choices in Hawaii (see <https://www.compassionandchoices.org/hawaii/>) to organize the May TIAH Open Table, “End of Life Care and Dying with Dignity.” After an opening presentation by Mary Steiner of Compassion & Choices, there will be a panel discussion followed by open discussion. The First Unitarian Church of Honolulu is hosting the event, with refreshments provided by Charles Asselbayer, owner of Local Joe in Chinatown. See also the Hawaii Death With Dignity Society <http://hawaiidwdsociety.org/>. (Joel Merchant, Steve Lohse)

Social Justice Council – MAY 2016 MEETING

Friday | 5/20 | 6:00 – 8:00 pm | Fred Harper Room

Contact: Steve Lohse | 595- 4047 | sjc@unitariansofhi.org

The Social Justice Program of the First Unitarian Church of Honolulu engages our Congregation inwardly and our Community outwardly in responsible and effective social action.

If you have a social justice matter on your mind, bring it to the Social Justice Council for thoughtful consideration, either in person at a Council meeting or in writing.

The Council meets on the THIRD FRIDAY of every month at 6:00 pm in the Fred Harper Room. All visitors welcomed. Contact sjc@unitariansofhi.org or 808-595- 4047 or see <http://www.unitariansofhi.org/social-justice> for more information about the Social Justice Ministry of the First Unitarian Church of Honolulu. (Steve Lohse)