

The Weekly Bulletin

February 5/7, 2016

HAPPENING THIS WEEK:

Dorothy Emerson has arrived!

Sunday | 2/7 | 11:30 am

Our half-time Consulting Minister is now with us for two months. Her first workshop is on Sunday at 11:30, and it is the second in the series that started three weeks ago with the budget. This workshop will focus on choices of leadership, do we want to hire a minister this coming year or not. Dorothy will be consulting with the staff and the various teams throughout Feb and March. (Margaret Mann)

Gallery on the Pali New Exhibit: "Colorscapes" Paintings by David Friedman

On display | 1/10-2/13 | Gallery Hours: T-F, 10 am-6 pm & S/S, 2-6 pm

Artists Reception: Saturday | 1/16 | 6:00 - 8:00 pm

On the web @ Unitariansofhi.org/exhibits

David Friedman calls his paintings graphic meditations. The dazzle and sparkle of brilliant, bold color is his metaphor for Spirit, aliveness, presence. Known as a "visionary colorist", his images are prayer and play, gratitude and celebration. He portrays his profound appreciation and gratitude for life with colors and shapes, radiance and shadows that show the way. His pictures illuminate the Path, the Journey, the "roads" and "trails" that each of us travel. David states, "Color is my metaphor for Spirit. To me, it represents essential vitality, the pulse of Life."

Drop In for Sunday Morning Meditation

Sundays | 9:00 am - 9:50 am | Fred Harper Room

Contact: Carla Allison | cbm@hawaii.rr.com

Join the growing Hindu Honolulu Meditation Group Sunday mornings in the Fred Harper Room from 9:00 to 9:45am. Feel free to bring your own meditation ritual or, if you are a beginner, you may want to try the Hong-Sau technique to help get you started. We begin with 15 minutes of instruction, social and sharing time then connect as we meditate together from 9:15 to 9:45am. Finish in time to join the 10am worship service. To learn about the Hong-Sau technique visit <http://www.ananda.org/meditation/getting-started/how-to-meditate/> Questions? Contact Carla Allison, the group's coordinator or simply arrive by 9:00 am to join the weekly session. (Carla Allison)

Have something for the Newsletter or Weekly Bulletin?

Have Announcements, Photos, Artwork, Short Poems/Prose, or other pieces (50-100 words) to add to the Newsletter or *Weekly Bulletin*?

Newsletter Copy to Aimee Olivera Sanchez FUCH-Newsletter-Team@googlegroups.com

Weekly Bulletin copy to Katy Launert FUCH-Weekly-Bulletin-Team@googlegroups.com

Deadline Reminder:

For the *Weekly Bulletin*, every Tuesday at Noon;

For the *Church Newsletter*: every Third Sunday at Noon. (Katy Launert)

CHANGES:

New Staff Supervisor

The Board is pleased to announce that Katie Ackerman, DLRE is taking on the responsibility temporarily of supervising the staff. She will serve in this capacity until the end of June when hopefully we will have a more clear picture of where we are going as a congregation. Please address all compliments and concerns about the staff to her. Of course, we ask that you imbue the Covenant of Right Relations in all you do. (Margaret Mann)

NO Second Sunday Lunch in February

Our amazing Chefs Ron and Mark Brasher will be off-island on Sunday, February 14th. Don't despair!!! While we will not have lunch then, Ron and Mark will be back to prepare another sumptuous spaghetti lunch on the 4th Sunday, February 28th. It will be well worth the wait. (Charlotte Morgan)

UPCOMING ACTIVITIES:

Come to the CABARET! Tickets available online now!

Saturday | 2/13 | 6:30-9:30 pm | First Unitarian Church of Honolulu
Contact: Margaret Mann | 265-6551

Tickets to Cabaret! Chocolate! Wine! are now available online at www.unitariansofhi.org scroll down on the flyer to the link for payment. Thank you for supporting this event for what may prove to be the best ever fundraiser we ever had!

Do not miss Cabaret! Wine! Chocolate! on February 13th, 6:30 to 9:30 pm, at First Unitarian Church of Honolulu.

Tickets are now on sale for our fabulous fundraising event **Feb 13th**, Cabaret! Chocolate! Wine!

Tickets are \$45 each for this amazing fundraiser which will entitle you to taste at least 24 different hand made chocolates, 12 different wines, champagnes and brandies, light pupus and a dazzling jazz concert. You will also have the opportunity to sign up as a volunteer for the event.

The entertainment will be provided by Jazz composer Jeff Kim and Chanteuse Leslie Horn. To round out the evening there will be a Silent Auction featuring art by David Friedman, Laurel Zeri, and Jacqueline Lau, as well as other objet d'art and gifts.

Childcare will be available!

(Charlotte Morgan & Margaret Mann)

LOVE Is In The Air...

Saturday | 2/13 | Pre-Service Hospitality, 4:30 pm | Service, 5:00 pm | Famous Fabulous Pot Luck, 6:00 pm
Contact: Charlotte Morgan | 343-0137 | lottefish@msn.com

The Unitarian Universalist Leeward Ohana's next Service will focus on **LOVE**. There will be commentary, songs and dancing which look at our desire and need for **LOVE**.

This Service will **NOT** be at Island Pacific Academy in Kapolei. It will be at Stephanie Teraoka's residence in Mililani.

Child care will be available.

For more information, please contact Charlotte Morgan. (UULOG)

Book Discussion Group

Wednesday | 3/2 | 7:00 pm | Fred Harper Room

We will discuss *The Sociopath Next Door* by Martha Stout. Approximately one out of every twenty-five people is found to be a sociopath, a person without a conscience, making it likely that all of us will encounter at least one. The book delves into various aspects their nature and also how the rest of us can best deal with them. (Roger Wickenden & Robert Durick)

Celebrate your Engagement with Unitarianism Universalism

Sunday | 2/14 | 11:30-Noon | Meet in The Sun Room @ reserved tables

Join us for conversation about the 7 Principles, Covenant of Right Relations and Meaning of Membership. If you have questions, we have answers - yikes! And more questions!! Come and continue the pursuit of truth with us. (Meghan Bundtzen)

History-Herstory You Know What it's OUR UU STORY

Sunday | 2/28 | 11:30-Noon | Meet in The Sunroom @ reserved tables

Enjoy your fourth Sunday lunch and join us for conversation about the History of Unitarian Universalism and First Unitarian Church of Honolulu. Come with your questions about our backstory, an open mind and contributions about your story. (Meghan Bundtzen)

Gallery on the Pali presents "Opposites Revisited: Hungary and Hawaii" paintings by Lynne Boyer

On exhibit: 2/16 - 3/17 | Gallery Hours: T-F, 10 am-6 pm & S/S, 2-6 pm

Artist Reception: Saturday | 2/20 | 6-8pm

Please visit Unitariansofhi.org/gallery for more information.

Opera Night Out - FREE!

Contact: Norma Nichols | norman@hawaii.rr.com

Preceded by Potluck Pupus - be Green bring your own plate, utensils, and drinks.

Performances are shown via sub-captioned DVD on a large screen. Also feel free to arrive early and/or stay late to help set up and clean up. Performances are formal - Dress is casual.

Friday | 2/26 | 6:00 - 9:50 pm | First Unitarian Church of Honolulu
Midsummer Night's Dream, if available, or Richard Strauss' *Arabella* with Renee Fleming.

Friday | 3/25 | 6:00 - 9:50 pm | First Unitarian Church of Honolulu
Kurt Weill's *Street Scene*

Friday | 4/22 | 6:00 - 9:50 pm | First Unitarian Church of Honolulu
Puccini's *Rigoletto* with Domingo and Levine

Friday | 5/27 | 6:00 - 9:50 pm | First Unitarian Church of Honolulu
Donizetti's *L'elisir D'Amore* with Anna Netrebko and Rolando Villazón (Norma Nichols)

Barack Obama: Made in Hawaii

Sunday | 2/28 | 12:30 – 2:30 pm

You can be among the first to view and discuss Gloria Borland's (work in progress) documentary about our President and his Hawaii roots.

This showing is part of the ADORE series of discussions. ADORE (A Dialogue On Race and Ethnicity) was founded by Paula Cole Jones who gave a wonderful sermon and workshops at First Unitarian in November. She will continue to mentor us throughout our journey in examining issues around race.

The goal of ADORE is to provide a safe space for people to openly and honestly discuss about race, a subject so often swept under the rug. (Charlotte Morgan)

Eight Week Gentle Yoga Series

Thursdays | 1/14 – 3/3 | 9:00-10:00 am | Gallery

Contact: Rachel Finch | 469-0224 | rachelfinch07@gmail.com

This series is designed for anyone in search of a gentle and relaxing practice. Emphasis will be on moving slowly through basic standing and reclining poses. Props, such as chairs, blocks, and belts are provided so that each student can participate at their own level. All levels are welcome, including beginners. Students must have their own yoga mat and be able to get up and down from the floor.

***RSVP to: Rachel Finch**

Rachel Finch is certified in Therapeutic Yoga and Chair Yoga. She was personally trained in Chair Yoga by Lakshmi Voelker who has certified staff at the Mayo Clinic and NYC Department of Education. Rachel's teaching style is positive, encouraging and supportive, with a complete focus on her students. (Rachel Finch)

Yoga for Healthy Aging (8 Week Yoga Series to Promote Healthy Aging)

Monday Series

Classes meet Monday mornings | 9:30-10:30am | March 14-May 2 | 407 Uluniu St, Ste 412, Kailua, HI 96734

Thursday Series

Classes meet Thursdays mornings | 9:00-10:00am | March 10-April 28 | FUCH, 2500 Pali Highway
Contact: Rachel Finch | (808) 469-0224 | RachelFinchYogaWellness@gmail.com

Over this 8 week period you will:

- Learn gentle and non-strenuous movements that you can do lying down, standing up, or seated on a chair.
- Increase flexibility and range of motion to help with overall mobility.
- Increase muscular strength with low impact exercises.
- Experience greater balance, coordination, and focus.
- Reduce stress and anxiety with basic breathing techniques and guided meditations.
- Perfect for those who are new to yoga or beginner level students.
- Must be able to get up and down from the floor.

Classes meet once a week for a total of 8 weeks. Offering a Monday or Thursday class series:

***Total Cost:** \$120 for one series (pre-paid in full)

***Deadline:** Last day to sign up is March 7th **Class size is limited*

OPPORTUNITIES:

“Happiness Does Not Have To Be A Project, It Is A Journey”

Author and Church member Nohemi Molano Lewis’s newest book is now available at www.Amazon.com. Through May 2016 she and husband Michael are sharing the net profits of sales to our church ‘ohana members with our church. Journey with Nohemi and discover how you can find and keep happiness. Feel free to write a review. (Carla Allison)

Chances to help your Church

Contact: Margaret Mann | 265-6551

Margaret Mann needs your help with a couple of things.

- 1) Do you have a relationship with a wine merchant that may be willing to donate or discount wines for the Chocolate, Champagne and Cabaret event in Feb?
- 2) Do you need a house sitter Feb 24-March 15 for one of the Ministers in Residence who will be here with her partner and toddler?
- 3) Do you have extra frequent Hawaiian miles you would be willing to donate for the Ministers in Residence program?

Thank you, thank you, thank you! (Margaret Mann)

Keep those Pictures Coming!!!

Calling All Smart Phone Users: when you take pictures of events at Church, why don't you immediately send them to the Newsletter Gang at fuch-newsletter-team@googlegroups.com

You will receive a photo credit in the Newsletter.

Thank you for taking pictures of the amazing things we do at First Unitarian. (Charlotte Morgan)

New Member Recognition!

Contact: Meghan Bundtzen | betterwithart@gmail.com

Martina Queen | martinaq@juno.com

Nan Kleiber | nankleiber44@gmail.com

If you would like to become more involved with the Engagement Team and help encourage visitors to experience our Faith Community, please contact one of the chairs. (Charlotte Morgan)

Chalice Circles Offer Connection, Community and Caring

Contact: Carla Allison | cbm@hawaii.rr.com | 396-1488

Heather Lemkelde | hlemkelde@gmail.com | 462-7860

Celebrating the success of the first full year of Chalice Circles, the new six month series has launched. Always open to new members, Chalice Circles are 5-10 people who meet twice a month for two hours to explore preselected topics. Connect with others in deep conversation and benefit from being part of a caring community of Unitarian Universalists and friends. Membership requires commitment to regular attendance twice each month January through June, 2016.

Want to find out how to become a participant? Become a Chalice Circle Facilitator? Host a group? Contact Carla or Heather.

Current Locations, Dates & Times

Hawaii Kai: 2nd & 4th Mondays @ 6:30 - 8:30 pm

Kaka'ako: 2nd & 4th Wednesdays @ 6:30 - 8:30 pm

Nu'uano: 2nd & 4th Tuesdays @ 10:00 am - 12:00 pm

Kailua: 2nd & 4th Saturdays @ 3:00 - 5:00 pm

Town: 1st & 3rd Saturdays @ 2:00 - 4:00 pm

Town: 2nd & 4th Thursdays @ 6:30 - 8:30 pm

Mililani: 2nd & 4th Wednesday @ 6:30 - 8:30 pm (Carla Allison)

AmazonSmile Donations

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to First Unitarian Church of Honolulu whenever you shop on Amazon. If you are someone who uses Amazon regularly or just once in a while, please go to <http://unitariansofhi.org/amazon> and sign up. The Church will receive a donation whenever you make an order! (Jennifer Kane)

WORSHIP PROGRAM:

Contact: Eleanor Kleiber, Martina Queenth, or Steve Lohse
595-4047 | Worship@unitariansofhi.org

Sunday, February 7, 10:00 am

“Radical Hospitality” by Rev. Dr. Dorothy Emerson

What does it mean to be welcoming? What is “at the root” of the practice of hospitality? Worship Associate: Marie Anne

What is Spirituality?

YOU ARE INVITED to Join the Conversation!

Many of us would like more Spirituality in our lives and in our worship services . . . but what does that mean? What elements of our Sunday services and our Church best inspire Spirituality for you, and how? Your Worship Team will be gathering responses as part of our journey into shared spiritual practice. Watch for the Questionnaire, join the Conversation, and contact us at Worship@unitariansofhi.org! (Martina Queenth)

Sunday Morning Announcements – A Reminder

We welcome pulpit announcements as an important element of our worship services. We also recognize that they can be too many, too long, and too late in getting to the Worship Associate (WA). PLEASE, keep Sunday announcements brief, focused on Church activities, and get them to the Worship Team by Thursday before the service. We make this work by working together! (Worship Team)

The Worship Program is Looking for You!

DO YOU HAVE IDEAS for Sunday morning guest speakers or worship services? The Worship Team invites you to share your Sunday Suggestions through the above email created just for this purpose, or see Eleanor Kleiber, Martina Queenth, or Steve Lohse in person. All Sunday Suggestions welcomed for consistently inspiring and compelling Sunday morning experiences!

DO YOU HAVE ROOM in your home for Sunday morning guest speakers? The Board and Worship Team are now inviting and scheduling guest ministers for 3-6 weeks at a time for our 2016 worship year. Please contact the Worship Team if you have room in your home to host a Sunday guest minister for a few weeks this year!

FREE YOUR INNER WORSHIP ASSOCIATE! The Worship Team is looking for a few good Worship Associates, the people who MC Sunday morning services with readings and announcements and such. Have you ever thought that you might like to be that person? Yes, you can! Contact the Worship Team at Worship@unitariansofhi.org or see Eleanor Kleiber, Martina Queenth, or Steve Lohse in person, and let's talk. (Worship Team)

Worship Team – March 2016 MEETING

Tuesday | 3/1 | 6:00 – 7:30 pm | Fred Harper Room

Contact: Eleanor Kleiber | 808-595-4047 | worship@unitariansofhi.org

The Worship Program of the First Unitarian Church of Honolulu provides inspiring and compelling worship experiences that sustain us emotionally and intellectually; inform everything we do as a Church; and enlist members in the cause of our Mission, inspired by our Principles, boldly to grow Compassion, Justice, and Joy. The Worship Team meets on the FIRST TUESDAY of every month at 6:00 pm in the Fred Harper Room, all visitors welcomed. Contact worship@unitariansofhi.org or 808-595-4047 or see <http://www.unitariansofhi.org/worship> for more information about the Worship Program at First Unitarian. (Eleanor Kleiber)

RELIGIOUS EDUCATION:

Contact: Katie Ackerman | re@unitariansofhi.org

Young Families Group Starting Saturday, February 6th

The Young Families Ohana Covenant Group (open to anyone with children ages 0-18) will resume our meetings starting on Feb. 6th, 5:30- 7:30pm, 1st and 3rd Saturday of each month at FUCH, lasting 5 months. This is a wonderful group to meet other parents, have a reflective evening, and build relationship. Invite friends to join the group, too! Evening includes potluck, the meeting centered on a specific topic and structured around deep listening, and 2 hours of child care. Fee for series supplements the church-supported childcare, and is \$50-150 sliding scale, payable at the beginning of the session series. RE@unitariansofhi.org to RSVP so we can plan childcare.

Save The Date! Weekday Retreat March 11

Reserve the Friday and plan to come join us for a fee-based (amount TBD) retreat featuring

discussion, meditation, lunch, and perhaps even massage! Focus on both individuals and couples, depending on demographics. Seats limited, RSVP to Katie.

Social Beach Day Feb. 13th

Join RE family and friends and hang out at Kailua Beach Park from 1-4pm, pot-luck style. Gather beach-side of the main bathrooms/old concession stand. Text Katie day-of if you have questions (503-580-3806).

Childcare at "Cabaret! Chocolate! Wine!"

Childcare is offered at the Cabaret! Chocolate! Wine! event February 13th, 6:30, tickets \$45 each, tickets available at unitariansofhi.org

SOCIAL JUSTICE:

Contact: Steve Lohse | 595-4047 | sjc@unitariansofhi.org

COMING IN FEBRUARY – “This Changes Everything,” the BOOK!

Four Fridays in February | 2/5, 2/12, 2/19, and 2/26 | 6:00 – 8:00 pm

Contact: Steve Lohse | 595-4047 | sjc@unitariansofhi.org

YOU ARE INVITED to this Book Study! Informed by good science, we connect the carbon in the air with the economic system that put it there. Inspired by good Principles and Better Stories, we can transform our economic system from failing to affirming Economic and Environmental Justice! For a copy of the Study Guide, please see <http://uucsj.org/climate-justice-a-four-session-study-guide/>. For a copy of the Book, please contact Steve Lohse at sjc@unitariansofhi.org. As Mr. Spock said, “To destroy your home planet’s ecosystem for imaginary wealth is highly illogical.” (Steve Lohse)

“Re-Powering: Why Gender Equality is Key to Solving the Climate Crisis”

Cate Owren, Senior Officer, IUCN Global Gender Office

Friday | 2/12 | 10:30 am – 12:00 pm | UH-Manoa Architecture 205

The UHM Dept. of Women’s Studies invites you to this Women’s Studies Colloquium presentation by Cate Owren of the International Union for Conservation of Nature (IUCN). Her presentation is free, open to the public, and co-sponsored by Hawaii Interfaith Power & Light (HIPL) and the Church of the Crossroads Watada Lecture Series. (Steve Lohse)

Justice Action Themes at First Unitarian

On January 31 Fifth Sunday, as Economic/Racial Justice Action continues, we launched our ‘Āina Energy/Climate Justice Theme. From January through April, our Energy/Climate Justice Theme will include the following Actions:

- January 2016 Fifth Sunday Service (Sermon: Steve Lohse; WA: Bill Scarvie);
- Fifth Sunday screening of “This Changes Everything,” based on Naomi Klein’s book;
- Four-session Book Study of “This Changes Everything” in February;
- ‘Āina "Art in the Afternoon” with Margaret Mann in March;
- Climate Policy/Action workshop with Jeff Kim, also in March;
- 2016 Food Drive from mid-March to mid-April;
- a Visit to the Hawaii State Legislature in April to honor Earth Day and to share our Voice on matters of Economic/Environmental interest to our community. (Steve Lohse)

Social Justice Council – FEBRUARY 2016 MEETING

Tuesday | 2/16 | 6:00 – 8:00 pm | Fred Harper Room

Contact: Steve Lohse | 595-4047 | sjc@unitariansofhi.org

The Social Justice Program of the First Unitarian Church of Honolulu engages our Congregation inwardly and our Community outwardly in responsible and effective social action.

If you have a social justice matter on your mind, bring it to the Social Justice Council for thoughtful consideration, either in person at a Council meeting or in writing.

The Council meets on the THIRD TUESDAY of every month at 6:00 pm in the Fred Harper Room. **All visitors welcomed.** Contact 595-4047 or sjc@unitariansofhi.org or see <http://www.unitariansofhi.org/social-justice> for more information about the Social Justice Ministry of the First Unitarian Church of Honolulu. (Steve Lohse)