

# The Weekly Bulletin

January 22/24, 2016

## **HAPPENING THIS WEEK:**

### **ADORE: A Dialogue On Race and Ethnicity**

Sunday | 1/24 | 12:30-2:30 pm

Contact: Allison and Jill | [adore@unitariansofhi.org](mailto:adore@unitariansofhi.org)

After Spaghetti Lunch, join co-facilitators, Allison Jacobs and Jill Rabinov in a discussion of race as a social construct. A DVD, *Race: The Power of an Illusion*, will be viewed followed by an opportunity to share our stories.

The goal of ADORE is to provide a safe space for people to discuss openly and honestly about race, a subject so often swept under the rug.

Childcare will be provided so that adults with young children will be able to attend. Teens are welcome to accompany their parents.

For more information, please contact Allison and Jill at [adore@unitariansofhi.org](mailto:adore@unitariansofhi.org). (Charlotte Morgan)

### **Spaghetti Is Back!!!!**

Sunday | 1/24 | After the Service

Our dynamic cooking duo, Ron and Mark Brasher will again provide us with a fantastic Spaghetti Lunch. The net proceeds help support our Kapolei Campus, the UU Leeward Ohana. As a thank you to the Beloved Community, the Leeward Ohana also provides Hospitality on Spaghetti Sundays.

So come hungry, my friends. The wait was well worth it. (Charlotte Morgan)

### **Gallery on the Pali New Exhibit: “Colorscapes” Paintings by David Friedman**

On display | 1/10-2/13 | Gallery Hours: T-F, 10 am-6 pm & S/S, 2-6 pm

Artists Reception: Saturday | 1/16 | 6:00 - 8:00 pm

On the web @ [Unitariansofhi.org/exhibits](http://Unitariansofhi.org/exhibits)

David Friedman calls his paintings graphic meditations. The dazzle and sparkle of brilliant, bold color is his metaphor for Spirit, aliveness, presence. Known as a “visionary colorist”, his images are prayer and play, gratitude and celebration. He portrays his profound appreciation and gratitude for life with colors and shapes, radiance and shadows that show the way. His pictures illuminate the Path, the Journey, the “roads” and “trails” that each of us travel. David states, “Color is my metaphor for Spirit. To me, it represents essential vitality, the pulse of Life.”

### **Drop In for Sunday Morning Meditation**

Sundays | 9:00 am - 9:50 am | Fred Harper Room

**Note: There will be no organized Sunday Morning Meditation on January 31.**

Join the New Hindu Honolulu Meditation Group as we meditate together each Sunday morning. Feel free to bring your own meditation ritual or, if you are a beginner, you may want to try the Hong-Sau Technique to help get you started. Instruction is provided. We meet in the Fred Harper Room from

9:00 to 9:50 am with each session beginning with 15 minutes for questions, answers and instruction by Nohemi and Michael Lewis. We meditate together from 9:15 to 9:45 am and finish in time for participants to join the 10:00 am worship service. To learn more about the Hong-Sau technique visit [www.Ananda.org](http://www.Ananda.org)

Questions? Contact Carla Allison [cbm@hawaii.rr.com](mailto:cbm@hawaii.rr.com), the group's coordinator, or simply arrive by 9:00 am to join the weekly session. (Carla Allison)

## Have something for the Newsletter or Weekly Bulletin?

Have Announcements, Photos, Artwork, Short Poems/Prose, or other pieces (50-100 words) to add to the Newsletter or *Weekly Bulletin*?

**Newsletter Copy to Aimee Olivera Sanchez** [FUCH-Newsletter-Team@googlegroups.com](mailto:FUCH-Newsletter-Team@googlegroups.com)

**Weekly Bulletin copy to Katy Launert** [FUCH-Weekly-Bulletin-Team@googlegroups.com](mailto:FUCH-Weekly-Bulletin-Team@googlegroups.com)

**Deadline Reminder:**

**For the *Weekly Bulletin*, every Tuesday at Noon;**

**For the *Church Newsletter*: every Third Sunday at Noon. (Katy Launert)**

## **UPCOMING ACTIVITIES:**

### **Come to the CABARET!**

#### **TICKETS this Sunday!**

Songwriters: John Kander & Fred Ebb

Saturday | 2/13 | 6:30-9:30 pm | First Unitarian Church of Honolulu

Contact: Margaret Mann | 265-6551

Do not miss Cabaret! Wine! Chocolate! on February 13th, 6:30 to 9:30 pm, at First Unitarian Church of Honolulu.

Tickets are now on sale for our fabulous fundraising event **Feb 13th**, Cabaret! Chocolate! Wine! Tickets are available online [www.unitariansofhi.org](http://www.unitariansofhi.org) or in Gallery during coffee hour after the service (cash, check or credit card). Special offer: sell 4 tickets to someone outside the church and get a free ticket for yourself! See Hilka at the coffee hour for details.

Tickets are \$45 each for this amazing fundraiser which will entitle you to taste at least 24 different handmade chocolates, 12 different wines, champagnes and brandies, light pupus and a dazzling jazz concert. You will also have the opportunity to sign up as a volunteer for the event.

The entertainment will be provided by Jazz composer Jeff Kim and Chanteuse Leslie Horn. To round out the evening there will be a Silent Auction featuring art by David Friedman, Laurel Zeri, and Jacqueline Lau, as well as other objet d'art and gifts. (Charlotte Morgan & Margaret Mann)

## **LOVE Is In The Air.....UULOG SERVICE**

Saturday | 2/13 | Pre-Service Hospitality, 4:30 pm | Service, 5:00 pm | Famous Fabulous Pot Luck, 6:00 pm  
Contact: Charlotte Morgan | 343-0137 | [lottefish@msn.com](mailto:lottefish@msn.com)

The Unitarian Universalist Leeward Ohana's next Service will focus on LOVE. There will be commentary, songs and dancing which look at our desire and need for LOVE.

This Service will NOT be at Island Pacific Academy in Kapolei. It will be at Stephanie Teraoka's residence in Mililani. Child care will be available.

For more information, please contact Charlotte Morgan. (UULOG)

## **UU Women's Retreat with Author, Speaker and Seattle & Honolulu Columnist Mary Lou Sanelli**

Sunday | 1/29 - 1/31, 2016 | Pokai Bay in Waianae  
Questions Contact Sheila O'Keefe | 489-4629 | [shesokinhi@yahoo.com](mailto:shesokinhi@yahoo.com)  
To Register: Contact Carla Allison | 396-1488 | [cbm@hawaii.rr.com](mailto:cbm@hawaii.rr.com)

Last Chance to Register Sunday, January 24

Author, speaker and Seattle & Honolulu columnist Mary Lou Sanelli joins us Saturday morning to speak with us on women and friendship. Connect with great women, enjoy wonderful food, conversation & optional art and water activities. Rest and rejuvenate with Yoga and a Sunday morning worship service. The retreat is open to all First Unitarian Church women and friends 12 years and older. Babes in arms are welcomed.

Cost is based on participation ranging from \$40 to \$75.

Need to coordinate transportation or have questions: Contact Sheila O'Keefe  
To register: Contact Carla Allison. (Carla Allison)

## **Book Discussion Group**

Wednesday | 2/3 | 7:00 pm | Fred Harper Room

We will discuss *Station Eleven* by Emily St. John Mandel which depicts a post apocalyptic, but not science fiction, North America. There is little government and some unrestrained religion. The book was nominated for a National Book Award.

Wednesday | 3/2 | 7:00 pm | Fred Harper Room

We will discuss *The Sociopath Next Door* by Martha Stout. Approximately one out of every twenty-five people is found to be a sociopath, a person without a conscience, making it likely that all of us will encounter at least one. The book delves into various aspects their nature and also how the rest of us can best deal with them. (Roger Wickenden & Robert Durick)

## **Gallery on the Pali presents "Opposites Revisited: Hungary and Hawaii" paintings by Lynne Boyer**

On exhibit: 2/16 - 3/17 | Gallery Hours: T-F, 10 am-6 pm & S/S, 2-6 pm  
Artist Reception: Saturday | 2/20 | 6-8pm  
Please visit [Unitariansofhi.org/gallery](http://Unitariansofhi.org/gallery) for more information.

## Opera Night Out - FREE!

Contact: Norma Nichols | [norman@hawaii.rr.com](mailto:norman@hawaii.rr.com)

Preceded by Potluck Pupus - be Green bring your own plate, utensils, and drinks. Performances are shown via sub-captioned DVD on a large screen. Also feel free to arrive early and/or stay late to help set up and clean up. Performances are formal - Dress is casual.

Friday | 1/29, 2016 | 6:00 - 9:50 pm | First Unitarian Church of Honolulu  
Modest Mussorgsky's *Boris Godunov*

Friday | 2/26 | 6:00 - 9:50 pm | First Unitarian Church of Honolulu  
*Midsummer Night's Dream*, if available, or Richard Strauss' *Arabella* with Renee Fleming. (Norma Nichols)

## Eight Week Gentle Yoga Series

Thursdays | 1/14 – 3/3 | 9:00-10:00 am | Gallery

Contact: Rachel Finch | 469-0224 | [rachelfinch07@gmail.com](mailto:rachelfinch07@gmail.com)

This series is designed for anyone in search of a gentle and relaxing practice. Emphasis will be on moving slowly through basic standing and reclining poses. Props, such as chairs, blocks, and belts are provided so that each student can participate at their own level. All levels are welcome, including beginners. Students must have their own yoga mat and be able to get up and down from the floor.

## Eight Week Chair Yoga Series

Thursdays | 1/14 – 3/3 | 10:30-11:30 am | Gallery

Contact: Rachel Finch | 469-0224 | [rachelfinch07@gmail.com](mailto:rachelfinch07@gmail.com)

This series is for anyone who may be hesitant to try yoga because of the challenge of getting down onto the floor. Here's the solution: the chair becomes your mat! The entire class will be conducted while seated on a chair. Typical standing or reclining poses have been adapted to a chair. Multiple levels of flexibility will be provided so that everyone in the room can participate, regardless of age, ability, or physical challenge.

\*Sign up for one or both series. Cost is \$120 for each series.

**\*Last day to sign up for either series is Monday, Jan. 11th**

\*Class size limited to 10 participants

**\*RSVP to: Rachel Finch**

Rachel Finch is certified in Therapeutic Yoga and Chair Yoga. She was personally trained in Chair Yoga by Lakshmi Voelker who has certified staff at the Mayo Clinic and NYC Department of Education. Rachel's teaching style is positive, encouraging and supportive, with a complete focus on her students. (Rachel Finch)

## OPPORTUNITIES:

### “Happiness Does Not Have To Be A Project, It Is A Journey”

Author and church member Nohemi Molano Lewis's newest book is now available at [www.Amazon.com](http://www.Amazon.com) . Through May 2016 she and husband Michael are sharing the net profits of sales to our church 'ohana members with our church. Journey with Nohemi and discover how you can find and keep happiness. Feel free to write a review. (Carla Allison)

## **Important: Church Directory Update**

Contact: Nan Kleiber | [nankleiber22@gmail.com](mailto:nankleiber22@gmail.com)

Molly Rowland and Nan Kleiber are up-dating our Church Directory for 2016. Please check YOUR current listing and make sure it is correct:

- Your name
- Partner's name
- Children's names and grades in school
- Address
- Phone number
- Email Address
- Membership status: Are you a member of the congregation, or a friend?

Please email the correct[ed] information to Nan Kleiber [[nankleiber44@gmail.com](mailto:nankleiber44@gmail.com)] ASAP, to make sure we have it RIGHT. If you wish to have your name removed from the Church Directory, let Nan know. And if you wish to have your name ADDED to the Directory, again, email Nan.

If you wish to resign your church membership, please put that in writing, and mail it to Office, the First Unitarian Church of Honolulu, 2500 Pali Highway, Honolulu, HI 96817. If you wish to JOIN the church, please check with Martina Queenth or Carla Allison. (Nan Kleiber)

## **Chances to help your Church**

Contact: Margaret Mann | 265-6551

Margaret Mann needs your help with a couple of things.

- 1) Do you have a relationship with a wine merchant that may be willing to donate or discount wines for the Chocolate, Champagne and Cabaret event in Feb?
- 2) Do you need a house sitter Feb 24-March 15 for one of the Ministers in Residence who will be here with her partner and toddler?
- 3) Do you have extra frequent Hawaiian miles you would be willing to donate for the Ministers in Residence program?

Thank you, thank you, thank you! (Margaret Mann)

## **Keep those Pictures Coming!!!**

Calling All Smart Phone Users: when you take pictures of events at Church, why don't you immediately send them to the Newsletter Gang at [fuch-newsletter-team@googlegroups.com](mailto:fuch-newsletter-team@googlegroups.com)

You will receive a photo credit in the Newsletter. Thank you for taking pictures of the amazing things we do at First Unitarian. (Charlotte Morgan)

## **New Member Recognition!**

Contact: Meghan Bundtzen | [betterwithart@gmail.com](mailto:betterwithart@gmail.com)

Martina Queenth | [martinaq@juno.com](mailto:martinaq@juno.com)

Nan Kleiber | [nankleiber44@gmail.com](mailto:nankleiber44@gmail.com)

On Sunday, January 17th, during the 10:00 am Service our Beloved Community welcomed Scott Allen, Sandra Bierman, Rhonda Campbell, Steve Sargent, Karen Scarvie, William (Bill) Scarvie and Miles Tokatz as our newest Members at a Ceremony conducted by Martina Queenth and Meghan Bundtzen. Peg Duffy, Anniken Rose, Kurtis Samwell and Rhiannon Samwell have also recently joined our Church but could not attend the Ceremony.

If you would like to become more involved with the Engagement Team and help encourage visitors to experience our Faith Community, please contact one of the chairs. (Charlotte Morgan)

## **Chalice Circles Offer Connection, Community and Caring**

Contact: Carla Allison | [cbm@hawaii.rr.com](mailto:cbm@hawaii.rr.com) | 396-1488  
Heather Lemkelde | [hlemkelde@gmail.com](mailto:hlemkelde@gmail.com) | 462-7860

Celebrating the success of the first full year of Chalice Circles, the new six month series has launched. Always open to new members, Chalice Circles are 5-10 people who meet twice a month for two hours to explore preselected topics. Connect with others in deep conversation and benefit from being part of a caring community of Unitarian Universalists and friends. Membership requires commitment to regular attendance twice each month January through June, 2016.

Want to find out how to become a participant? Become a Chalice Circle Facilitator? Host a group? Contact Carla or Heather.

### **Current Locations, Dates & Times**

Hawaii Kai: 2nd & 4th Mondays @ 6:30 - 8:30 pm  
Kaka'ako: 2nd & 4th Wednesdays @ 6:30 - 8:30 pm  
Nu'uuanu: 2nd & 4th Tuesdays @ 10:00 am - 12:00 pm  
Kailua: 2nd & 4th Saturdays @ 3:00 - 5:00 pm  
Town: 1st & 3rd Saturdays @ 2:00 - 4:00 pm  
Town: 2nd & 4th Thursdays @ 6:30 - 8:30 pm  
Mililani: 2nd & 4th Wednesday @ 6:30 - 8:30 pm (Carla Allison)

### **AmazonSmile Donations**

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to First Unitarian Church of Honolulu whenever you shop on Amazon. If you are someone who uses Amazon regularly or just once in a while, please go to <http://unitariansofhi.org/amazon> and sign up. The Church will receive a donation whenever you make an order! (Jennifer Kane)

### ***WORSHIP PROGRAM:***

Contact: Eleanor Kleiber, Martina Queenth, or Steve Lohse  
595-4047 | [Worship@unitariansofhi.org](mailto:Worship@unitariansofhi.org)

#### **Sunday, January 24, 10:00 am**

"The Mother of All (American) Religion" by Jaco ten Hove

Our Unitarian roots go way back to the Puritans, but their version of "religious freedom" needed some improvement, so that's what we did, and continue to do. Our spiritual heritage in this country is also a key to the American story that has led us all into a flourishing, if demanding diversity. Worship Associate: Martina Queenth

#### **What is Spirituality?**

YOU ARE INVITED to Join the Conversation!

Many of us would like more Spirituality in our services . . . but what does that mean? What is your definition of Spirituality, what elements of our worship services best do or could inspire Spirituality, and how? Your Worship Team will be gathering responses to these Questions as a part of our journey into shared spiritual practice. Watch for the Conversation, coming soon, we want to hear from You!  
(Martina Queenth)



## **Sunday Morning Announcements – A Reminder**

We welcome pulpit announcements as an important element of our worship services. We also recognize that they can be too many, too long, and too late in getting to the weekly Worship Associate (WA). PLEASE, keep Sunday announcements BRIEF, focused on Church activities only, and get them to the Worship Team by Thursday before the service. We make this work by working together! (Worship Team)

## **The Worship Program is Looking for You!**

DO YOU HAVE IDEAS for Sunday morning guest speakers or worship services? The Worship Team invites you to share your Sunday Suggestions through the above email created just for this purpose, or see Eleanor Kleiber, Martina Queenth, or Steve Lohse in person. All Sunday Suggestions welcomed for consistently inspiring and compelling Sunday morning experiences!

DO YOU HAVE ROOM in your home for Sunday morning guest speakers? The Board and Worship Team are now inviting and scheduling guest ministers for 3-6 weeks at a time for our 2016 Worship year. Please contact the Worship Team if you have room in your home to host a Sunday guest minister for a few weeks next year!

FREE YOUR INNER WORSHIP ASSOCIATE! The Worship Team is looking for a few good Worship Associates, the people who MC Sunday morning services with readings and announcements and such. Have you ever thought that you might like to be that person? Yes, you can! Contact the Worship Team at [Worship@unitariansofhi.org](mailto:Worship@unitariansofhi.org) or see Eleanor Kleiber, Martina Queenth, or Steve Lohse in person, and let's talk. (Worship Team)

## **Worship Team – FEBRUARY 2016 MEETING**

Tuesday | 2/2 | 6:00 – 7:30 pm | Fred Harper Room

Contact: Eleanor Kleiber | 595-4047 | [worship@unitariansofhi.org](mailto:worship@unitariansofhi.org)

The Worship Program of the First Unitarian Church of Honolulu provides inspiring and compelling worship experiences that sustain us emotionally and intellectually; inform everything we do as a Church; and enlist members in the cause of our Mission, inspired by our Principles, boldly to grow Compassion, Justice, and Joy. The Worship Team meets on the FIRST TUESDAY of every month at 6:00 pm in the Fred Harper Room, all visitors welcomed. Contact [worship@unitariansofhi.org](mailto:worship@unitariansofhi.org) or 808-595-4047 or see <http://www.unitariansofhi.org/worship> for more information about the Worship Program at First Unitarian. (Eleanor Kleiber)

## **RELIGIOUS EDUCATION:**

Contact: Katie Ackerman | [re@unitariansofhi.org](mailto:re@unitariansofhi.org)

## **Childcare Providers**

FUCH is seeking back-up childcare providers! Are you interested in becoming a part-time, on-call child care provider? Please contact Katie @ [RE@unitariansofhi.org](mailto:RE@unitariansofhi.org)

## **Teens for a Teen Group!**

Invite your own teens and those who might not otherwise know about this great group to join in starting this Sunday. The group meets in the Fred Harper room when children are dismissed during the Service, usually 10:15. Check in, deep listening and a topic of the day create a relationship-building environment for those age 13 to 17+. Informal and supportive. Contact [RE@unitariansofhi.org](mailto:RE@unitariansofhi.org) for more information, or just drop in!

## **OWL**

7-9th Grade Our Whole Lives Sexuality Class Starting 1/17/2016 (Noon to 3:30pm) with a mandatory parents/caregivers only meeting. Contact Nan Kleiber ([nankleiber44@gmail.com](mailto:nankleiber44@gmail.com)) for more information.

## **Young Family Group Starting!**

The Young Families Ohana Covenant Group will resume our meetings starting on Feb. 6th, 5:30-7:30pm, 1st and 3rd Saturday of each month at FUCH. This is a wonderful group to meet other parents, have a reflective evening, and build relationship. Invite friends to join the group, too! Evening includes potluck, the meeting centered on a specific topic and structured around deep listening, and 2 hours of child care. Cost of childcare is supplemented by the church and remains a reasonable \$5 per child, per session, payable at the beginning of the session series. [RE@unitariansofhi.org](mailto:RE@unitariansofhi.org) for more info.

## **SOCIAL JUSTICE:**

Contact: Steve Lohse | 595-4047 | [sjc@unitariansofhi.org](mailto:sjc@unitariansofhi.org)

## **COMING on Sunday, January 31 – “This Changes Everything,” the MOVIE!**

Fifth Sunday | 1/31 | 11:30 am | the Sanctuary

Contact: Steve Lohse | 595-4047 | [sjc@unitariansofhi.org](mailto:sjc@unitariansofhi.org)

YOU ARE INVITED to a free screening of “This Changes Everything,” the Movie based on the Book by Naomi Klein, in the Sanctuary following the Sunday Service. Why discuss Climate Change separately from issues of class, race, and peace when the same economic inequities underlie all? Informed by good science, we connect the carbon in the air with the economic system that put it there. Inspired by good Principles, we can transform our economic system from failing to affirming Economic and Environmental Justice! (Steve Lohse)

## **COMING IN FEBRUARY – “This Changes Everything,” the BOOK!**

Four Fridays in February | 2/5, 2/12, 2/19, and 2/26 | 6:00 – 8:00 pm

Contact: Steve Lohse | 595-4047 | [sjc@unitariansofhi.org](mailto:sjc@unitariansofhi.org)

YOU SAW THE MOVIE, now share the Book! For a copy of the Study Guide, please see <http://uucsj.org/climate-justice-a-four-session-study-guide/>. For a copy of the Book, please contact Steve Lohse at [sjc@unitariansofhi.org](mailto:sjc@unitariansofhi.org). As Mr. Spock said, “To destroy your home planet’s ecosystem for imaginary wealth is highly illogical.” As Buckminster Fuller said, “You never change things by fighting the existing reality. To change something, build a new model that makes the existing model obsolete.” (Steve Lohse)

## **Justice Action Themes at First Unitarian**

On January 31 Fifth Sunday, as Economic/Racial Justice Action continues, we also launch our ‘Āina Energy/Climate Justice Theme. From January through April, our Energy/Climate Justice Theme will include the following Actions:

- January 2016 Fifth Sunday Service (Sermon: Steve Lohse; WA: Bill Scarvie);
- Fifth Sunday screening of “This Changes Everything,” based on Naomi Klein’s book;
- Four-session Book Study of “This Changes Everything” in February;
- ‘Āina "Art in the Afternoon” with Margaret Mann in March;
- Climate Policy/Action workshop with Jeff Kim, also in March;
- 2016 Food Drive from mid-March to mid-April;
- a Visit to the Hawaii State Legislature in April to honor Earth Day and to share our Voice on matters of Economic/Environmental interest to our community. (Steve Lohse)



## **Social Justice Council – FEBRUARY 2016 MEETING**

Tuesday | 2/16 | 6:00 – 8:00 pm | Fred Harper Room

Contact: Steve Lohse | 595-4047 | [sjc@unitariansofhi.org](mailto:sjc@unitariansofhi.org)

The Social Justice Program of the First Unitarian Church of Honolulu engages our Congregation inwardly and our Community outwardly in responsible and effective social action.

If you have a social justice matter on your mind, bring it to the Social Justice Council for thoughtful consideration, either in person at a Council meeting or in writing.

The Council meets on the THIRD TUESDAY of every month at 6:00 pm in the Fred Harper Room. All visitors welcomed. Contact 808-595-4047 or [sjc@unitariansofhi.org](mailto:sjc@unitariansofhi.org) or see <http://www.unitariansofhi.org/social-justice> for more information about the Social Justice Ministry of the First Unitarian Church of Honolulu. (Steve Lohse)

## **Free Public Screening – “Merchants of Doubt”**

Central Union Church | 1660 S. Beretania St. | in the Parish Hall

Saturday | 1/23 | Doors open at 5:30 pm | Movie starts at 6:00 pm

Contact:Carolynn Bell-Tuttle, Green Team Chair | [carolynn.bell@gmail.com](mailto:carolynn.bell@gmail.com)

DON'T MISS THIS free screening of a Must-See Movie on Climate Change! See how a group of pundits-for-hire representing themselves as scientific authorities deliberately spreads confusion about climate science and the causes and consequences of climate change. This same group has used similar tactics to confuse the public on issues from tobacco to fire safety. There is plenty of free parking available on Church grounds. (Steve Lohse)