

The Weekly Bulletin

December 22/27, 2015

HAPPENING THIS WEEK:

Christmas Eve 2015

Thursday | 12/24 | 6:30 pm

Lessons & Carols | Featuring Dennis Graue and The Spirits

Contact: Charlotte Morgan | 343-0137 | lottefish@msn.com

Join the First Unitarian Church of Honolulu's wonderful musicians who will be playing beautiful Holiday music this year on Christmas Eve with new and old arrangements of timeless favorites in a presentation called, Lessons & Carols.

Stay after for our Christmas Eve Cookie & Pupu Sharing. Bring your favorites to share.

We know there will be sparkling punch, coffee, tea and of course, and your wonderful cookies and pupus.

Please help. If you can set up or clean up, please contact Charlotte. Let it be known that we do the Holidays very well. (Charlotte Morgan)

Gallery on the Pali Current Exhibit

"Convergence", Paintings by Suzanne Barnes, Cynthia Schubert, Wendy Roberts, and Dawn Yoshimura

On display Sunday | 12/6 - 1/7 | Gallery Hours: T-F, 10 am-6 pm & S/S, 2-6 pm

Artists Reception: Friday | 12/11 | 6:00 - 8:00 pm

www.UnitariansofHI.org/gallery

Four award-winning artists, Suzanne Barnes, Cynthia Schubert, Wendy Roberts, and Dawn Yoshimura have produced 'Convergence', a collaborative art exhibit for the community to enjoy. The show's theme was created during weekly get-togethers, where they brainstormed about their similarities and differences. All four women are painters who currently live in Oahu, but vary in their chosen media, age, and geographical origins. This convergence of four creative minds led to the title of the show. They endeavor to challenge each other in a supportive manner.

Drop In for Sunday Morning Meditation

Sundays | 9:00 am - 9:50 am | Fred Harper Room

Join the New Hindu Honolulu Meditation Group as we meditate together each Sunday morning. Feel free to bring your own meditation ritual or, if you are a beginner, you may want to try the Hong-Sau Technique to help get you started. Instruction is provided. We meet in the Fred Harper Room from 9:00 to 9:50 am with each session beginning with 15 minutes for questions, answers and instruction by Nohemi and Michael Lewis. We meditate together from 9:15 to 9:45 am and finish in time for participants to join the 10:00 am worship service. To learn more about the Hong-Sau technique visit www.Ananda.org

Questions? Contact Carla Allison cbm@hawaii.rr.com, the group's coordinator, or simply arrive by 9:00 am to join the weekly session. (Carla Allison)

Have something for the Newsletter or Weekly Bulletin?

Have Announcements, Photos, Artwork, Short Poems/Prose, or other pieces (50-100 words) to add to the Newsletter or *Weekly Bulletin*?

Newsletter Copy to Aimee Olivera Sanchez FUCH-Newsletter-Team@googlegroups.com

Weekly Bulletin copy to Katy Launert FUCH-Weekly-Bulletin-Team@googlegroups.com

Deadline Reminder:

For the *Weekly Bulletin*, every Tuesday at Noon;

For the *Church Newsletter*: every Third Sunday at Noon. (Katy Launert)

CHANGES:

Weekly Bulletin Submission Deadline

The submission date for the last bulletin of the year has been moved up to Monday evening 10:00 pm. The submission due date for the January 1/3 bulletin is Monday 12/28.

This is to ensure our staff and volunteers can accomplish everything before the holidays.

We will of course try to accommodate any submissions that come in on the normal deadline, but if you really want to be sure it is included that week please submit early. Mahalo! (Katy Launert)

UPCOMING ACTIVITIES:

FUCH Finance Committee Meeting

Sunday | 1/10 | After Service

Please save the date. January 10, 2016 the FUCH Finance Committee will address the congregation on the financial status of our church. This will be a very significant meeting as this information sets the background for important decisions that we must make together for our next and subsequent fiscal years. Your attendance at this brief congregation meeting is imperative if we are to build together a proper consensus on our future as a liberal spiritual community in Hawaii. (FUCH Finance Committee)

Book Discussion Group

Wednesday | 1/6 | 7:00 pm | Fred Harper Room

We will discuss *The Boys in the Boat* by Daniel James Brown in which he presents a portrait of an era and an intimate account of how nine working-class boys from the American West became a rowing team that surpassed all others, culminating in the 1936 Berlin Olympics.

Wednesday | 2/3 | 7:00 pm | Fred Harper Room

We will discuss *Station Eleven* by Emily St. John Mandel which depicts a post apocalyptic, but not science fiction, North America. There is little government and some unrestrained religion. The book was nominated for a National Book Award. (Roger Wickenden & Robert Durick)

Gallery on the Pali New Exhibit: "Colorscapes" Paintings by David Friedman

On display | 1/10-2/13 | Gallery Hours: T-F, 10 am-6 pm & S/S, 2-6 pm

Artists Reception: Saturday | 1/16 | 6:00 - 8:00 pm

On the web @ Unitariansofhi.org/exhibits

Opera Night Out - FREE!

Contact: Norma Nichols | norman@hawaii.rr.com

Preceded by Potluck Pupus — be Green bring your own plate, utensils, and drinks.

Performances are shown via sub-captioned DVD on a large screen. Also feel free to arrive early and/or stay late to help set up and clean up. Performances are formal - Dress is casual.

Friday | 1/22, 2016 | 6-9:50pm | First Unitarian Church of Honolulu

Modest Mussorgsky's *Boris Godunov*

Friday | 2/26 | 6 - 9:50 pm | First Unitarian Church of Honolulu

Midsummer Night's Dream, if available, or Richard Strauss' *Arabella* with Renee Fleming. (Norma Nichols)

Calling All UU Women - Save the Date!

Annual Honolulu Unitarian Universalist Women's Retreat

Friday - Sunday | 1/29 - 1/31, 2016 | Pokai Bay in Waianae

Contact: Sheila O'Keefe | 489-4629 | shesokinhi@yahoo.com

To register: Contact Carla Allison | 396-1488 | cbm@hawaii.rr.com

How does a weekend out of town, away from your day to day responsibilities sound? Participate in discussion groups, activities like snorkeling, swimming & paddle boarding in beautiful Pokai Bay. Rest and rejuvenate with Yoga and a Sunday morning worship service. Connect with great women and enjoy wonderful food. The retreat is open to all First Unitarian Church women and friends 12 years and older. Babes in arms are welcomed. Cost is based on participation ranging from \$40 to \$75. See the December newsletter for details and registration form.

Volunteer to help, need to coordinate transportation, or have questions: Contact Sheila O'Keefe. To register: Contact Carla Allison (Carla Allison)

Eight Week Gentle Yoga Series

Thursdays | 1/14 – 3/3 | 9:00-10:00 am | Gallery

Contact: Rachel Finch | (808) 469-0224 | rachelfinch07@gmail.com

This program will take a gentle approach to yoga by moving slowly through basic standing and reclining (lying down) poses. Props, such as chairs, blocks, and belts, are provided so that each student can participate at their own level. Experience greater relaxation, flexibility, balance, and strength. All levels are welcome, including beginners. Students must have their own yoga mat and be able to get up and down from the floor.

Eight Week Chair Yoga Series

Thursdays | 1/14 – 3/3 | 10:30-11:30 am | Gallery

Contact: Rachel Finch | (808) 469-0224 | rrachelfinch07@gmail.com

This series is for those of you who might be hesitant to try yoga because of the challenge of getting down onto the floor. Here's the solution: the chair becomes your mat! The entire class will be conducted while seated on a chair. Typical standing or reclining (lying down) poses have been adapted to a chair. This is a wonderful way to experience the benefits of yoga, such as, greater mobility, flexibility, coordination, and strength. Multiple levels of flexibility will be provided so that EVERYONE in the room can participate, regardless of age, ability or physical challenge.

***Sign up for one or both series. Cost is \$120 for each series.**

***Holiday Special: Bring a friend and you each receive \$25 off. Must sign up by Monday, Dec. 21st to receive discount.**

***Regular Enrollment: Last day to sign up for either series is Thursday, Jan. 7th**

***Class size limited to 10 participants**

***RSVP to: Rachel Finch**

Rachel Finch is certified in Therapeutic Yoga and Chair Yoga. She was personally trained in Chair Yoga by Lakshmi Voelker who has certified staff at the Mayo Clinic and NYC Department of Education. Rachel's teaching style is positive, encouraging and supportive, with a complete focus on her students. (Rachel Finch)

Come to the Cabaret My Friends!!!!

Saturday | 2/13 | 6:30-9:30 pm

Contact: Margaret Mann | 265-6551

If Lotte Lenya were here, she would not miss Cabaret! Wine! Chocolate! on February 13, 2016, 6:30 to 9:30 pm. For the price of admission, just \$45, you will sample 12 different wines, champagnes and brandies paired with exquisite handmade chocolates and petit fours. Light pupus will also be available.

The entertainment will be provided by Jazz composer Jeff Kim and chanteuse Leslie Horn.

To round out the evening there will be a Silent Auction featuring art by David Friedman, Laurel Zeri, and Jacqueline Lau, as well as other objet d'art and gifts.

Volunteers are still needed to assist with soliciting donations of wine, champagne and brandy, to help with soliciting items for the silent auction and to work at the event. Contact Margaret Mann to become part of this very chic and fun event. (Charlotte Morgan)

OPPORTUNITIES:

Important: Church Directory Update

Contact: Nan Kleiber | nankleiber22@gmail.com

Molly Rowland and Nan Kleiber are up-dating our Church Directory for 2016. Please check YOUR current listing and make sure it is correct:

- Your name
- Partner's name
- Children's names and grades in school
- Address
- Phone number
- Email Address
- Membership status: Are you a member of the congregation, or a friend?

Please email the correct[ed] information to Nan Kleiber [nankleiber44@gmail.com] ASAP, to make sure we have it RIGHT. If you wish to have your name removed from the Church Directory, let Nan know. And if you wish to have your name ADDED to the Directory, again, email Nan.

If you wish to resign your church membership, please put that in writing, and mail it to Office, the First Unitarian Church of Honolulu, 2500 Pali Highway, Honolulu, HI 96817. If you wish to JOIN the church, please check with Martina Queenth or Carla Allison. (Nan Kleiber)

Chances to help your Church

Contact: Margaret Mann | 265-6551

Margaret Mann needs your help with a couple of things.

- 1) Do you have a relationship with a wine merchant that may be willing to donate or discount wines for the Chocolate, Champagne and Cabaret event in Feb?
 - 2) Do you need a house sitter Feb 24-March 15 for one of the Ministers in Residence who will be here with her partner and toddler?
 - 3) Do you have extra frequent Hawaiian miles you would be willing to donate for the Ministers in Residence program? Thank you, thank you, thank you!
- (Margaret Mann)

Newsletter

The Newsletter Gang has been receiving wonderful comments on the look of the Newsletter.

We are so pleased that you are enjoying our monthly publication.

The Kukui Lamalama has a long history of excellence and we continue to find ways to maintain it as a quality publication.

And we need your help!!!

Please:

- Take clear photos of your Church activities;
- Have your copy and photos in by the deadline;
- The deadline is the Third Sunday of the Month at Noon;
- Understand that we may need to edit copy;
- Send us your comments and ideas for the Newsletter;
- Do not hesitate to volunteer to work on the Newsletter.

Our goal is to create a publication which serves the Mission of our Faith Community: to boldly grow compassion, justice and joy. Help us achieve our goal. Contact us at: fuch-newsletter-team@googlegroups.com (Charlotte Morgan)

And What About The New Year?!?!?!?

Contact: Meghan Bundtzen | betterwithart@gmail.com

Charlotte Morgan | lottfish@msn.com

Martina Queenth | martinaq@juno.com

The Engagement Team (ET) will be going through some transitions for the coming year. We still depend on you, our beloved Congregation to be that welcoming presence to all who come to our Church. Thank you for your support and compassion and acceptance. If you would like to become more involved with helping to welcome those who choose to come to our Church, please contact one of the Engagement Team chairs. (Charlotte Morgan)

Chalice Circles Look Ahead to 2016

Contact: Carla Allison | cbm@hawaii.rr.com | 396-1488

Heather Lemkelde | hlemkelde@gmail.com | 462-7860

Celebrating the success of the first full year of Chalice Circles, plans are in the works for to find out how to become a Chalice Circle Facilitator? Would you like to consider hosting a group? Contact Carla or Heather.

Always open to new members, Chalice Circles are 5-10 people who meet twice a month for two hours to explore preselected topics. Membership requires commitment to regular attendance twice each month January through June, 2016. Connect with others in deep conversation and benefit from being part of a caring community of Unitarian Universalists and friends.

Current Locations, Dates & Times

Hawaii Kai: 2nd & 4th Mondays @ 6:30 - 8:30 pm

Kahala: 2nd & 4th Thursdays @ 6:30 - 8:30 pm

Kaka'ako: 2nd & 4th Wednesdays @ 6:30 -- 8:30 pm

Nu'uano: 2nd & 4th Tuesdays @ 10:00 am - 12:00 pm

Kailua: 2nd & 4th Saturdays @ 3:00 - 5:00 pm

NEW in January -Town: 1st & 3rd Saturdays @ 2:00 – 4:00pm

NEW in January - Mililani: 2nd & 4th Wednesday @ 6:30 – 8:30pm (Carla Allison)

AmazonSmile Donations

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to First Unitarian Church of Honolulu whenever you shop on Amazon. If you are someone who uses Amazon regularly or just once in a while, please go to <http://unitariansofhi.org/amazon> and sign up. The Church will receive a donation whenever you make an order! (Jennifer Kane)

WORSHIP PROGRAM:

Contact: Eleanor Kleiber, Martina Queenth, or Steve Lohse
595-4047 | Worship@unitariansofhi.org

Sunday, December 27, 10:00 am

“An Introduction to Embodiment” by Adam Dyer

Over the course of three weeks, Adam Dyer will share concepts of embodiment with the community. In this first message, he will speak of how true “Embodiment” is not just about the physical body, but it is about spiritual motivation, personal agency, and how we see the world through our personal and collective lenses. Worship Associate: Eleanor Kleiber

The Worship Program is Looking for You!

DO YOU HAVE IDEAS for Sunday morning guest speakers or worship services? The Worship Team invites you to share your Sunday Suggestions through the above email created just for this purpose, or see Eleanor Kleiber, Martina Queenth, or Steve Lohse in person. All Sunday Suggestions welcomed for consistently inspiring and compelling Sunday morning experiences!

DO YOU HAVE ROOM in your home for Sunday morning guest speakers? The Board and WorshipTeam are now inviting and scheduling guest ministers for 3-6 weeks at a time for our 2016 Worship year. Please contact the Worship Team if you have room in your home to host a Sunday guest minister for a few weeks next year!

FREE YOUR INNER WORSHIP ASSOCIATE! The Worship Team is looking for a few good Worship Associates, the people who MC Sunday morning services with readings and announcements and such. Have you ever thought that you might like to be that person? Yes, you can! Contact the Worship Team at Worship@unitariansofhi.org or see Eleanor Kleiber, Martina Queenth, or Steve Lohse in person, and let's talk. (Worship Team)

Worship Team – JANUARY 2016 MEETING

Tuesday | 1/5 | 6:00 – 7:30 pm | Fred Harper Room

Contact: Eleanor Kleiber | 808-595-4047 | worship@unitariansofhi.org

The Worship Program of the First Unitarian Church of Honolulu provides inspiring and compelling

worship experiences that sustain us emotionally and intellectually; inform everything we do as a Church; and enlist members in the cause of our Mission, inspired by our Principles, boldly to grow Compassion, Justice, and Joy. The Worship Team meets on the FIRST TUESDAY of every month at 6:00 pm in the Fred Harper Room, all visitors welcomed. Contact worship@unitariansofhi.org or 808-595-4047 or see <http://www.unitariansofhi.org/worship> for more information about the Worship Program at First Unitarian. (Eleanor Kleiber)

RELIGIOUS EDUCATION:

Contact: Katie Ackerman | re@unitariansofhi.org

Want to Join the RE VOLUNTEER TEAMS? Last Chance!

Volunteer Teams for the 2016, Jan-May are as follows:

- Infant/Toddler Help: Eva
- 3-year-old - Kinders: Laurel, Nancy S., Caryn A., Kim Coco
- Junior RE, Grade 1-3: Aimee, Russell, Jeff F., Laura
- Senior RE, Grade 4+: Mike, Anniken, Rini, Alan, Steve L.
- Teen Group: Lisa, Meghan, Jeff G., Rachel

Please email Katie at RE@unitariansofhi.org to join a team.

HOLIDAY ADOPT-A-FAMILY: Don't forget to bring your presents for Helping Hands Hawaii! If you missed picking up a gift ornament and would like to make a monetary donation, please email Katie Metzger with the amount (katiemetzger10@gmail.com).

DLRE Vacation Days: Dec. 25 - Jan 2. **Four Volunteers are needed** to support the RE classes on Dec. 27th. Activities/lesson plans provided. Please email RE@unitariansofhi.org to opt-in.

Stone Soup Mark your calendars with Stone Soup on January 10!

Vesper's Services at Nancy's are cancelled. If someone else would like to "pick up the torch" and host these lovely evenings, please let me know.

Young Family Covenant Group will reconvene Feb. 6th. This is a wonderful 10-meeting series that supports relationships, deep-listening, and reflection and growth. Open to any families with "young children." Fee of \$50 per child, per term supports the childcare, allowing adults to meet and talk. Meets 1st and 3rd Saturday of each month, 5-8pm, at FUCH. Email RE@unitariansofhi.org for more information.

SOCIAL JUSTICE:

Contact: Steve Lohse | 595-4047 | sjc@unitariansofhi.org

2016 MLK Holiday Parade

Monday | 1/18 | 9:00 pm | Magic Island

Contact: Steve Lohse | 595-4047 | sjc@unitariansofhi.org

The MLK Parade begins on Magic Island with 7:30 am group check-in and a 9:00 am start, traveling 2.5 miles on Kalakaua Avenue through Waikiki to Kapiolani Park. There is plenty of parking on Magic Island for early arrivers. We are working with The Interfaith Alliance Hawaii (TIAH) to organize an Interfaith Blessing Circle before the Parade, we will keep you informed. Prepare to Remember, Celebrate, and Act – PREPARE TO MARCH! (Steve Lohse)

Pre-Parade Poster Painting Party!

Sunday | 1/17 | 11:30 am | Sun Room

Contact: Ka'imi Nicholson | 808-595-4047 | mknaloha@gmail.com

YOU ARE INVITED to an MLK Pre-Parade Poster Painting Party in the Sun Room following the Sunday service on January 17. The best UU marching posters always come from these Poster Parties! Make your own poster on 1/17, then carry it in the Parade on 1/18. Tell the world we want Compassion, Justice, Joy, No More Poverty, and No More Killing! Silence the Violence, Increase the Peace! (Ka'imi Nicholson)

Justice Action Themes at First Unitarian

True to our congregation's interest in effective Action in matters of Reproductive, Economic, 'Āina, and Learning Justice, First Unitarian continues its current Economic/Racial Justice Theme in 2016 with Third Sunday meetings of the Council's Economic Justice Action Group (EJAG), Fourth Sunday meetings of the Church's new ADORE group, and the 2016 MLK Parade on Monday, January 18.

On January 31 Fifth Sunday, as Economic/Racial Justice Action continues, we also launch our 'Āina Energy/Climate Justice Theme. Why discuss Climate Change separately from issues of class, race, and peace when the same economic inequities underlie all? Informed by good science, we already connect the carbon in the air with the economic system that put it there. Inspired by good Principles, we can transform our economic system from failing to affirming Economic and Environmental Justice! Our Energy/Climate Justice Action includes a screening of "This Changes Everything," the movie based on Naomi Klein's book; a four-session Book Study of her book; 'Āina themed "Art with Margaret" at the Honolulu Museum of Art; a Climate Policy/Action workshop with Jeff Kim; a visit to the 2016 Hawaii State Legislature to share our UU Voice on matters of Economic and Environmental interest to the congregation; and the 2016 Food Drive from mid-March to mid-April. (Steve Lohse)

Social Justice Council – JANUARY 2016 MEETING

Tuesday | 1/19 | 6:00 – 8:00 pm | Fred Harper Room
Contact: Steve Lohse | 595-4047 | sjc@unitariansofhi.org

The Social Justice Program of the First Unitarian Church of Honolulu engages our Congregation inwardly and our Community outwardly in responsible and effective social action. If you have a social justice matter on your mind, bring it to the Social Justice Council for thoughtful consideration, either in person at a Council meeting or in writing.

The Council meets on the THIRD TUESDAY of every month at 6:00 pm in the Fred Harper Room.

All visitors welcomed. Contact 595-4047 or sjc@unitariansofhi.org or see <http://www.unitariansofhi.org/social-justice> for more information about the Social Justice Ministry of the First Unitarian Church of Honolulu. (Steve Lohse)