

# The Weekly Bulletin

October 23/25, 2015

## **HAPPENING THIS WEEK:**

### **Get Ready for Spaghetti...**

Sunday | 10/25 | After the Service

Contact: Charlotte Morgan | [lottefish@msn.com](mailto:lottefish@msn.com)

Chefs Ron & Mark will again provide us with a sumptuous spaghetti Lunch. Come for the Service. Stay for Lunch. All proceeds benefit the Mission of the UU Leeward Ohana. Want more information, please contact Charlotte (Charlotte Morgan)

### **Gallery on the Pali New Exhibit**

#### **“Musings of a Photographic Eye” Digital Photography by Yahoshua**

On display Sunday | 10/11 - 11/5 | T-F, 10:00 am - 6:00 pm & S/S, 2:00 - 6:00 pm

Artists Reception: Friday | 10/16 | 6:00 - 8:00 pm

Gallery Hours: T-F, 10 am-6 pm & S/S, 2-6 pm

Born in Rockford, Illinois, a small mid-western city, photographer Yahoshua was raised in Chicago, Illinois. It was there that he received his formal education earning both a B.A. and an M.A. degree. He has been an educator for most of his adult life having taught in the Chicago Public school system and the City College system of Chicago. Later upon moving to Hawaii Yahoshua further his education at the University of Hawaii at Manoa. After receiving a doctorate degree in Political Science, Yahoshua taught at the Chaminade University and worked in the adult addiction field until his retirement. He currently resides on the island of Oahu.

The artist states, “Since my retirement, I’ve returned to my first love photography. Thanks to the new digital photographic technologies of today, I can now continue my personal mission and bring to the art field pieces that heretofore would have been nearly impossible to achieve.”

Come see how his vision of the near impossible have come together in this new body of work on display at the Gallery on the Pali this fall.

### **Drop In for Sunday Morning Meditation**

Sundays | 9:00 am - 9:50 am | Fred Harper Room

Join the New Hindu Honolulu Meditation Group as we meditate together each Sunday morning. Feel free to bring your own meditation ritual or, if you are a beginner, you may want to try the Hong-Sau Technique to help get you started. Instruction is provided. We meet in the Fred Harper Room from 9:00 to 9:50 am with each session beginning with 15 minutes for questions, answers and instruction by Nohemi and Michael Lewis. We meditate together from 9:15 to 9:45am and finish in time for participants to join the 10am worship service. To learn more about the Hong-Sau technique visit [www.Ananda.org](http://www.Ananda.org) Questions? Contact Carla Allison, the group’s coordinator, or simply arrive by 9:00 am to join the weekly session. (Carla Allison)

## Have something for the Newsletter or Weekly Bulletin?

Have Announcements, Photos, Artwork, Short Poems/Prose, or other pieces (50-100 words) to add to the Newsletter or *Weekly Bulletin*?

Newsletter Copy to Aimee Olivera Sanchez [FUCH-Newsletter-Team@googlegroups.com](mailto:FUCH-Newsletter-Team@googlegroups.com)

Weekly Bulletin copy to Katy Launert [FUCH-Weekly-Bulletin-Team@googlegroups.com](mailto:FUCH-Weekly-Bulletin-Team@googlegroups.com)

### Deadline Reminder:

For the *Weekly Bulletin*, every Tuesday at Noon;

For the *Church Newsletter*: every Third Sunday at Noon. (Katy Launert)

## CHANGES:

The Fall Pledge Drive Part One was a huge success and we will report the totals in a few weeks as the checks are still coming in. Part two this coming Sunday will be an opportunity (!) for all those who were not at the service to participate, so be sure to bring your checkbook or credit card or make a decision before you come on how much to increase your monthly pledge. And a disclaimer...if you cannot afford to increase your pledge or donate at this time please don't feel bad, as we used to say in the old days, if can can, if no can, no can. (Margaret Mann)

## UPCOMING ACTIVITIES:

### Calling All Jack & Jill O'Lanterns

Saturday | 10/31 | 6:00 - 10:00 pm | Mililani

Contact: Charlotte Morgan | [lottefish@msn.com](mailto:lottefish@msn.com) | 343-0137

Stephanie and Charlotte and Veronica and Dennis are hosting a Halloween Party, on Saturday, October 31st, 6:00 to 10:00 pm, in Mililani. As always, you are all invited. There will be Charlotte's Famous Chili, games and a costume contest (although costumes are optional). RSVP Charlotte Morgan. (Charlotte Morgan)

## BLACK LIVES MATTER AT UU! Book Discussion and Workshop Continues The New Jim Crow

Sunday | 11/1 | 11:30 am to 1:00 pm

Contact: Lee Curran | [dflicurran@hawaii.rr.com](mailto:dflicurran@hawaii.rr.com)

Hilkka Easterwood | [finngirl15@gmail.com](mailto:finngirl15@gmail.com)

Catherine Graham | [dreamaloha@hawaii.rr.com](mailto:dreamaloha@hawaii.rr.com)

Sponsored by the Social Justice Council (SJC) and Lifespan Religious Education (LRE), there will be three discussion sessions on the book, **The New Jim Crow** by Michelle Alexander.

A few copies of the book are available if someone wants a physical copy. Also, there is a free, downloadable PDF for those who rather read it on their tablet. Just go to:

[www.kropfpolisci.com/racial.justice.alexander.pdf](http://www.kropfpolisci.com/racial.justice.alexander.pdf) .

Want more information? Please contact any of the co-facilitators Lee Curran, Hilkka Easterwood and Catherine Graham. (Catherine Graham)

## Book Discussion Group

Wednesday | 11/4 | 7:00 pm | Fred Harper Room

We will discuss **Deep Down Dark** by Hector Tobar, in which he recounts both the backgrounds and the experiences of the 33 men trapped in the Chilean San Jose copper-gold mine for 69 days in 2010. (Roger Wickenden)

Wednesday | 12/2 | 7 pm | Fred Harper Room

We will discuss **Lila** by Marilynne Robinson. In this novel Lila strives to reconcile her painful, hardscrabble past with her husband's gentle Christian worldview. (Roger Wickenden)

## NEW: Gentle and Chair Yoga Group Series

Thursday Mornings | 11/5, 11/12, 11/19, 12/3, 12/10 | Gallery Room

Gentle Yoga: 9:00 - 10:00 am | Chair Yoga: 10:30 - 11:30 am

Contact: Rachel Finch | (808) 469-0224 | [rachelfinch07@gmail.com](mailto:rachelfinch07@gmail.com)

Yoga is for everyone and everyone CAN do yoga! Come learn the foundations of yoga in a gentle and safe way. Both classes will introduce basic yoga poses, to help increase flexibility, range of motion, balance, coordination, mind body connection and strength. They will also cover basic breathing and meditation techniques to help quiet the mind, and bring relaxation to your day. This series is a great way to learn yoga, meet new people, and develop greater self-awareness.

All levels are welcome. Classes max out at 12 people in order to provide more personalized attention. Cost for all five sessions is \$75, which includes room rental and use of props (blocks and belts).

Rachel Finch is a certified yoga instructor who experienced the benefits of yoga firsthand back in 2007, while working in a high stress financial environment. Her teaching style is positive, encouraging and supportive, with a complete focus on her students. (Rachel Finch)

## Want To Know More?... About Our Church?...About UU?

Sunday | 11/8 | 12:00 - 1:00 pm | Fred Harper Room

Contact: Katie Ackerman | [re@unitariansofhi.com](mailto:re@unitariansofhi.com)

Meghan Bundtzen | [betterwithart@gmail.com](mailto:betterwithart@gmail.com)

Charlotte Morgan | [lottfish@msn.com](mailto:lottfish@msn.com)

Martina Queenth | [martinaq@juno.com](mailto:martinaq@juno.com)

Katie Ackerman, our Director of Lifespan Religious Education (DLRE), Charlotte Morgan, co-chair of the Engagement Team (ET) and Members of ET, will hold a Membership Information Meeting for all those interested in First Unitarian. We will have a short and entertaining PowerPoint, a quick form to find out your skills and interests and most important we will get to know each other.

The meeting will cover:

About UU (a little history, plus beliefs, principles, etc.)

What we offer here at First Unitarian (programs, RE, ministry, Social Justice work, etc.)

Why become a Member (or not . . .)

At the end of the meeting, anyone who so desires may become a Member by signing the Membership Book and making a donation of record. Even if you do not want to become a Member at this time, you are always welcome to be part of our beloved Faith Community. For more information, please contact Katie or one of the Engagement Team (ET) Chairs. (Charlotte Morgan)

## **Need Advice For the End of the Journey?**

Saturday | 11/14 | 5:00 pm Service | 6:00 pm The Famous Fabulous Potluck | Island Pacific Academy | Kapolei  
Contact: Charlotte Morgan | [lottefish@msn.com](mailto:lottefish@msn.com)

Every family knows how hard it is to talk about end-of-life decisions. At the next Unitarian Universalist Leeward Ohana Service, our speaker, Joel L. Merchant will dialogue with us about Navigating the Journey. Joel is an advocate for dealing with end-of-life issues, especially within families, as well as, a champion for dying with dignity and on our own terms.

Come for the Service stay for the Famous Fabulous Potluck. Want more information, please contact Charlotte. (Charlotte Morgan)

## **UPCOMING! Explore what it means to move to community action!**

Sunday | 11/15 | 11:45 am - 3:00 pm | Church Sanctuary  
A Racial Justice Workshop facilitated by Paula Cole Jones, following her sermon, *Building the Beloved Community, Racial Justice: Our Unfinished Business*. The workshop introduces an 8<sup>th</sup> principle and encourages UUs to expand the dialogue on reconciliation and engagement.

Tuesday | 11/17 | 5:30 - 9:00 pm  
Join Ms. Jones and our community for a potluck meal and follow up dialogue in the Gallery on the Pali. Learn more about how we are called to build and engage in The Beloved Community. Ms. Jones offers strategies and skills for building a truly inclusive community.

Childcare offered for both sessions.

Ms. Jones is the founder of ADORE, A Dialogue on Race & Ethnicity. For the past decade, she has worked as an anti-racism and anti-oppression consultant to the UUA and ministers, congregations, boards, and districts across the county. (Sheila O'Keefe)

## **Opera Night Out FREE!**

First Unitarian Church of Honolulu | Contact: Norma Nichols | [norman@hawaii.rr.com](mailto:norman@hawaii.rr.com)  
Preceded by Pot Luck Pupus — be Green bring your own plate, utensils, and drinks.  
Performances are shown via sub-captioned DVD on a large screen in a large comfortable room with cushioned dining-type chair seating. Also feel free to arrive early and/or stay late to help set up and clean up. Performances are formal / Dress is casual.

Friday | 10/23 | 6:00 - 9:50 pm | Wagner's die *MEISTERSINGER* von Numberg act III [Anita] A song contest to remember . . . come and hear.

Friday | 11/20 | 6:00 - 9:50 pm | Massenet's *Manon* with Natalie Dessay and Rolando Villazón - time 175" [Linda] *Manon* is an opéra comique in five acts by Jules Massenet to a French libretto by Henri Meilhac and Philippe Gille, based on the 1731 novel *L'histoire du chevalier des Grieux et de Manon Lescaut* by the Abbé Prévost.

Friday | 12/18 | 6:00 - 9:50 pm | Richard Strauss's *Capriccio* Kiri Te Kanawa San Francisco Opera Orchestra 155" (Norma Nichols)

## **OPPORTUNITIES:**

### **Our Church Thanksgiving Potluck: Will There Be One This Year?**

Contact: Carla | [cbm@hawaii.rr.com](mailto:cbm@hawaii.rr.com) | 396-1488

The answer is "Yes!" if someone steps forward to take the lead. It's a wonderful, annual event that attracts many current and former church members and friends. The food is always outstanding and the company delightful!

Former lead on this event, Carla Allison, has other commitments on Thanksgiving this year so the opportunity to chair is open. She is, however, available to share "how tos" from T-day Potlucks Past as well as help with communications. With the many helping hands that attend and volunteer, what could be a big job is instead shared by many.

Deadline for volunteering is October 15th so an announcement can go into the November newsletter. Contact Carla if you or your group want to have fun and ensure this annual holiday treat takes place this year. (Carla Allison)

### **What's To Love At First Unitarian?!?!**

Contact: Meghan Bundtzen | [betterwithart@gmail.com](mailto:betterwithart@gmail.com)

Charlotte Morgan | [lottefish@msn.com](mailto:lottefish@msn.com)

Martina Queenth | [martinaq@juno.com](mailto:martinaq@juno.com)

Let us count the ways...

The inspiring Services...the soul soothing Music...the enlightening Religious Education...and let us not forget the Coffee.

If you have fallen in love with this Faith Community and want to talk about Membership, please speak with one of the Engagement Team (ET) Chairs. (Charlotte Morgan)

### **Chalice Circles Keep on Growing**

Contact: Carla Allison | [cbm@hawaii.rr.com](mailto:cbm@hawaii.rr.com) | 396-1488

Heather Lemkelde | [hlemkelde@gmail.com](mailto:hlemkelde@gmail.com) | 462-7860

If you want to be part of a connected, compassionate and caring community engaging in relevant and meaningful conversations, there is a Chalice Circle waiting to welcome you! We are happy to expand to new areas so if you would like to host a group, let us know. Are you a church member interested in being a Facilitator? Talk to us. Ongoing training and materials are provided.

Chalice Circles are 5-10 people who meet twice a month for two hours to explore preselected topics. Each group is guided by a trained facilitator and members agree to follow a set of guidelines for respectful group interaction. Membership requires commitment to regular attendance twice each month through December 31, 2015.

Chalice Circle Meeting Locations, Dates & Times

Ewa Beach: 1st & 3rd Mondays @ 7:00-9:00 pm

Hawaii Kai: 2nd & 4th Mondays @ 6:30-8:30 pm

Kahala: 2nd & 4th Thursdays @ 6:30-8:30pm

Kailua: 2nd & 4th Saturdays @ 3:00-5:00 pm  
Kaka'ako: 2nd & 4th Wednesdays @ 6:30-8:30 pm  
Nu'uano: 2nd & 4th Tuesdays @ 10:00 am-12:00 pm (Carla Allison)

## **AmazonSmile Donations**

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to First Unitarian Church of Honolulu whenever you shop on Amazon. If you are someone who uses Amazon regularly or just once in a while, please go to <http://unitariansofhi.org/amazon> and sign up. The Church will receive a donation whenever you make an order! (Jennifer Kane)

## **WORSHIP PROGRAM:**

Contact: Eleanor Kleiber, Martina Queenth, or Steve Lohse  
595-4047 | [Worship@unitariansofhi.org](mailto:Worship@unitariansofhi.org)

### **The Worship Program is Looking for You!**

DO YOU HAVE IDEAS for Sunday morning guest speakers or worship services? The Worship Team invites you to share your Sunday Suggestions through the above email created just for this purpose, or see Eleanor Kleiber, Martina Queenth, or Steve Lohse in person. All Sunday Suggestions welcomed for consistently inspiring and compelling Sunday morning experiences!

DO YOU HAVE ROOM in your home for Sunday morning guest speakers? The Board and Worship Team are now inviting and scheduling guest ministers for 3-6 weeks at a time for our 2016 Worship year. Please contact the Worship Team if you have room in your home to host a Sunday guest minister for a few weeks next year!

FREE YOUR INNER WORSHIP ASSOCIATE! The Worship Team is looking for a few good Worship Associates, the people who MC Sunday morning services with readings and announcements and such. Have you ever thought that you might like to be that person? Yes, you can! Contact the Worship Team at [Worship@unitariansofhi.org](mailto:Worship@unitariansofhi.org) or see Eleanor Kleiber, Martina Queenth, or Steve Lohse in person, and let's talk. (Worship Team)

### **Worship Team – NOVEMBER MEETING**

Tuesday | 11/3 | 6:00 - 8:00 pm | Fred Harper Room  
Contact: Steve Lohse | 808-595-4047 | [Worship@unitariansofhi.org](mailto:Worship@unitariansofhi.org)

The Worship Program of the First Unitarian Church of Honolulu provides inspiring and compelling worship experiences that sustain us emotionally and intellectually; inform everything we do as a Church; and enlist members in the cause of our Mission, inspired by our Principles, boldly to grow Compassion, Justice, and Joy. The Worship Team meets on the First Tuesday of every month at 6:00 pm in the Fred Harper Room, all visitors welcomed.

Contact [Worship@unitariansofhi.org](mailto:Worship@unitariansofhi.org) or 808-595-4047 or see <http://www.unitariansofhi.org/worship> for more information about the Worship Program at First Unitarian. (Steve Lohse)

## **RELIGIOUS EDUCATION:**

Contact: Katie Ackerman | [re@unitariansofhi.org](mailto:re@unitariansofhi.org)

### **Volunteer Needed: Nov. 22nd**

Would you be willing to support our Pre-K youth on Nov. 22nd during Sunday Services? Our two regular leaders are unavailable that day. Please let me know: [RE@unitariansofhi.org](mailto:RE@unitariansofhi.org)

### **Honolulu Zoo Day**

Saturday | 10/24 | 12:00 pm

Come join other RE folks for lunch and a zoo stroll. Meet at the main playground area at noon to picnic (BYO Lunch) and then we'll wander together for an hour or two. All are welcome!

Contact Katie ([re@unitariansofhi.org](mailto:re@unitariansofhi.org)) for more information, no RSVP required.

### **All Hallows Eve!**

Saturday | 10/31 | 5:00 - 8:00 pm

LET'S PUT THE ALL HALLOWS BACK IN HALLOWEEN! Join RE families on October 31st 5:00 – 8:00 pm at First Unitarian Church of Honolulu. It will be a night of games, crafts, mischief and mayhem for kids of all ages. Bring a spooky dish to share.

What to bring: wear your costumes, bring pumpkins and pineapples to carve, and photos or mementos of your dearly departed – we will construct a Day of the Dead altar for use by the congregation. Questions or RSVP? [akosanchez@gmail.com](mailto:akosanchez@gmail.com)

### **Baby Hui! Starting in Nov., Thursdays, 9:30 am, Room #1 FUCH**

Would you like to be part of a group of parents with babies or young toddlers? Consider joining our new FUCH Baby Hui! Babies will be with you at all times, so that you can have a stress-free time to meet other parents. Each week will focus on a different topic and the goals is to grow our selves, our children, and our community! Bring your friends and let's grow this group! Email your interest to [RE@unitariansofhi.org](mailto:RE@unitariansofhi.org)

### **Bring Out Your Creative Self: Artist's Way Series!**

Join us for a 12-week Adult Education series working from the "basic principle that creative expression is the natural direction of life." We will follow *The Artist's Way* (Julia Cameron and Mark Bryan) through a comprehensive twelve-week program to recover your creativity from a variety of blocks, including limiting beliefs, fear, self-sabotage, jealousy, guilt, addictions, and other inhibiting forces, replacing them with artistic confidence and productivity. One weeknight per week, starting October 27th. Email [RE@unitariansofhi.org](mailto:RE@unitariansofhi.org) with your interest. Childcare provided if needed.

### **RE Adult Opportunities:**

#### Hindu Meditation

Every Sunday, Hindu meditation will be held every Sunday morning from 9-9:50 am in the Fred Harper room. Drop in and see what it's all about! For more information, contact Carla ([cbm@hawaii.rr.com](mailto:cbm@hawaii.rr.com))

#### Book Study Group

RE and Social Justice are co-sponsoring a book study/discussion group around *The New Jim Crow*. The last meeting will occur 11/1. Please contact Lee Curran for more details, [dfcurran@hawaii.rr.com](mailto:dfcurran@hawaii.rr.com).

Tuesday Morning Mindfulness (Starting in Nov.)  
In November, come join RE Director Katie Ackerman for "Morning Mindfulness"  
Tuesdays at 9:30, in the Sanctuary. Email [re@unitariansofhi.org](mailto:re@unitariansofhi.org) for more information.

### Recurring Calendar Items:

1st Saturday (Nov. 7) -- Vesper's Service, 5:00 - 7:00 pm, Nancy Schiltdt's home, email [nschildt707@gmail.com](mailto:nschildt707@gmail.com) for more info

1st Sunday (Nov. 1) -- RE Team Meeting 11:30, Room 1

2nd & 4th Saturday -- Young Family 'Ohana Covenant Group

2nd & 4th Sunday -- Young Adult Discussion Group after the Service

3rd Sunday -- Young Adult Eat Out or Share In (a meal with YA) after the Service

### **SOCIAL JUSTICE CORNER:**

Contact: Steve Lohse | 595-4047 | [sjc@unitariansofhi.org](mailto:sjc@unitariansofhi.org)

#### **Justice Actions of the Month – October**

Your Social Justice Council recommends the following Social Justice Action for your consideration during the month of October:

#### **Interfaith “Peace Prayer” Gathering**

Sunday | 10/25 | 4:00 - 6:00 pm | Gedatsu Church of Hawaii, 6095 Summer St.

Contact: Masago Asai | 621-6667 or 369-0363 | [hcrpinfo@gmail.com](mailto:hcrpinfo@gmail.com)

ALL ARE WELCOME to “One Heart – One Mind – In Gratitude,” an offering of prayers for peace from various faith traditions, including a music presentation and hula performance for peace. Ample parking is available, and a light dinner will be served after the ceremony. (Steve Lohse)

#### **Economic/Racial Justice Theme**

An Economic/Racial Justice Theme engages First Unitarian in Social Action during October and November. In October, the Social Justice Council cosponsored a book study of Michelle Alexander's "The New Jim Crow" on 10/4, 10/18, and ending on 11/1.

In November, Paula Cole Jones, founder of ADORE (A Dialogue on Race & Ethnicity), takes the pulpit on 11/15, followed by Kat Brady, local community justice advocate, on 11/22. On 11/29, the Council's Economic Justice Action Group (EJAG) hosts our November Social Justice Fifth Sunday, featuring a Skype Event with "Sacred Economics" author Charles Eisenstein at 12:00 noon. Engage! (Ka'imi Nicholson)

#### **Social Justice Council – NOVEMBER MEETING**

Tuesday | 11/17 | 6:00 - 8:00 pm | Fred Harper Room

Contact: Steve Lohse | 595-4047 | [sjc@unitariansofhi.org](mailto:sjc@unitariansofhi.org)

The Social Justice Program of the First Unitarian Church of Honolulu engages our Congregation inwardly and our Community outwardly in responsible and effective social action. Have a social justice matter on your mind? Bring it to the Social Justice Council for thoughtful consideration, either in person at a Council meeting or in writing.

The Council meets on the THIRD TUESDAY of every month at 6:00 pm in the Fred Harper Room. All visitors welcomed. Contact 808-595-4047 or [sjc@unitariansofhi.org](mailto:sjc@unitariansofhi.org) or see <http://www.unitariansofhi.org/social-justice> for more information about the Social Justice Ministry of the First Unitarian Church of Honolulu. (Steve Lohse)