

# The Weekly Bulletin

## September 11/13, 2015

### ***HAPPENING THIS WEEK:***

#### **UULOG - Don't Miss This One!**

Saturday | 9/12 | 5:00 pm Service, 6:00 pm Potluck | Island Pacific Academy in Kapolei  
Contact: Charlotte Morgan | 343-0137 | [lottefish@msn.com](mailto:lottefish@msn.com) | Unitarian Universalist Leeward Ohana Group (UULOG)

Join the UULOG gang for their September Saturday Service on Recycling. Our speaker will be Travis Idol of Hawaii Interfaith Power & Light (HIPL), so you know the Sermon will be interesting and maybe a little provocative. The Services are always a little different, the Potluck is fabulous and the company is without peer. For more information about UULOG or the Services, please contact Charlotte Morgan. (Charlotte Morgan)

#### **NEW: Sunday Morning Meditation**

Every Sunday | 9:00 am | Fred Harper Room  
Contact: Carla Allison | 396-1488 | [cbm@hawaii.rr.com](mailto:cbm@hawaii.rr.com)

Acquire a feeling of well-being and a sense of connectivity with something greater than yourself. Improve health while developing intuition and personal magnetism. Be calm, relaxed and at peace.

Join the New Hindu Honolulu Meditation Group for Sunday morning meditation. We meet in the Fred Harper Room from 9:00 to 9:50am with each session beginning with 15 minutes for questions, answers and discussion. From 9:15 to 9:50 am Meditation Leaders Nohemi and Michael Lewis facilitate the Hong-Sau Technique and, as participants progress, other proven meditation techniques will be added. To learn more about the Hong-Sau technique visit [www.Ananda.org](http://www.Ananda.org)

Questions? Contact Carla Allison, the group's coordinator, or simply arrive by 9:00 am to join the weekly session. (Carla Allison)

#### **Gallery on the Pali New Exhibit "Celebrating Creation" Veil Paintings by Pamela Landrum "WeisRose"**

On display Sunday | 9/13 - 10/8 | T-F, 10 am-6 pm & S/S, 2-6 pm  
Artists Reception: Friday | 9/18 | 6:00 - 8:00 pm

Pamela Landrum has been painting, teaching, and sharing her love of art, with adults and children over the last 20 years. She is a graduate of the University of Hawaii, with a BA degree in fine arts, and a graduate of Waldorf Teacher Training, with emphasis in Art Therapy. Landrum is a former President and current member of the Hawaii Watercolor Society. Her work has been displayed in many local galleries including earlier this year in Kailua at the "Happiness Gallery". The body of work in this show is in the style of veil painting, described by the artist as "a pure art form originating in Europe. Done as a meditation, without a specific goal in mind, what appears is usually a surprise." (Meghan Bundtzen)

## Have something for the Newsletter or Weekly Bulletin?

Have Announcements, Photos, Artwork, Short Poems/Prose, or other pieces (50-100 words) to add to the Newsletter or *Weekly Bulletin*?

**Newsletter** Copy to Aimee Olivera Sanchez [FUCH-Newsletter-Team@googlegroups.com](mailto:FUCH-Newsletter-Team@googlegroups.com)

**Weekly Bulletin** copy to Katy Launert [FUCH-Weekly-Bulletin-Team@googlegroups.com](mailto:FUCH-Weekly-Bulletin-Team@googlegroups.com)

**Deadline Reminder:**

For the *Weekly Bulletin*, every Tuesday at Noon;

For the *Church Newsletter*: every Fourth Sunday at Noon. (Katy Launert)

## **UPCOMING ACTIVITIES:**

### **Still Time To Do the Survey Monkey....**

Saturday | 9/19 | 10:00 - 3:00 pm | Waianae

Contact: Charlotte Morgan | 343-0137 | [lottefish@msn.com](mailto:lottefish@msn.com)

The Unitarian Universalist Leeward Ohana Group (UULOG) will be three years old in September. And to celebrate, we will have our Second Annual UULOG Retreat. To help plan the retreat, Natasha Smith has created a Survey Monkey.

Please go to: <https://www.surveymonkey.com/r/2QGCKRB> to fill out the Survey. It will only take a few minutes.

Want to hear more about the Retreat or UULOG (Unitarian Universalist Leeward Ohana Group), please contact Charlotte Morgan. We will be celebrating so there will be cake. (Charlotte Morgan)

### **Bon Voyage to Wilma Oksendahl**

Saturday | 9/26 | 12:00 pm | Private Residence

Contact: Ron Brasher | 772-0554 | [rdenesha@gmail.com](mailto:rdenesha@gmail.com)

Wish Wilma well as she begins her next adventure!!! Wilma is moving to the Mainland at the beginning of October and Ron & Mark Brasher are hosting a Potluck Lunch on Saturday, September 26th, Noon to give everyone an opportunity to say good bye. Please bring a lunch to share and any beverage you choose.

Please contact Ron to confirm you are coming. Ron & Mark live in Kailua at 1214 Kina Street. Let's all celebrate our time with Wilma. (Charlotte Morgan)

## **BLACK LIVES MATTER AT UU! Book Discussion and Workshop** **The New Jim Crow**

Three Sundays | 10/4, 10/18 and 11/1 | 11:30 am to 1:00 pm

Contact: Lee Curran | [dficurran@hawaii.rr.com](mailto:dficurran@hawaii.rr.com)

Hilkka Easterwood | [finngirl15@gmail.com](mailto:finngirl15@gmail.com)

Catherine Graham | [dreamaloha@hawaii.rr.com](mailto:dreamaloha@hawaii.rr.com)

Sponsored by the Social Justice Council (SJC) and Lifespan Religious Education (LRE), there will be three discussion sessions on the book, **The New Jim Crow** by Michelle Alexander.

A few copies of the book are available if someone wants a physical copy. Also, there is a free, downloadable PDF for those who rather read it on their tablet. Just go to: [www.kropfpolisci.com/racial.justice.alexander.pdf](http://www.kropfpolisci.com/racial.justice.alexander.pdf) .

Want more information? Please contact any of the co-facilitators Lee Curran, Hilka Easterwood and Catherine Graham. (Catherine Graham)

## **Book Discussion Group**

Wednesday | 10/7 | 7:00 pm | Fred Harper Room

We will discuss *A Tale for the Time Being*, a novel by Ruth Ozeki. A lunchbox washed ashore on the Pacific coast is found by a writer to contain a journal and letters gathered by a Japanese teenager who, before committing suicide, is determined to write down the story of her great--grandmother, a Buddhist nun. (Roger Wickenden)

## **OPPORTUNITIES:**

### **The Worship Team is Looking for You!**

Contact: [Worship@unitariansofhi.org](mailto:Worship@unitariansofhi.org) | 595-4047

DO YOU HAVE IDEAS for Sunday morning guest speakers or worship services? The Worship Team invites you to share your Sunday Suggestions through the above email created just for this purpose, or see Eleanor Kleiber, Martina Queenth, Charlotte Morgan, or Steve Lohse in person. All Sunday Suggestions welcomed for consistently inspiring and compelling Sunday morning experiences!

DO YOU HAVE ROOM in your home for Sunday morning guest speakers? The Board and Worship Team will begin inviting a number of guest ministers to Honolulu for up to three weeks at a time in the near future. Please contact the Worship Team if you have room in your home to accommodate a Sunday guest minister for a few weeks. Fun for you, less costly and more convenient for everybody!

FREE YOUR INNER WORSHIP ASSOCIATE! The Worship Team is looking for a few good Worship Associates, the people who MC Sunday morning services with readings and announcements and such. Have you ever thought that you might like to be that person? Yes, you can! Contact the Worship Team at [Worship@unitariansofhi.org](mailto:Worship@unitariansofhi.org) or call 808-595-4047, and let's talk. (Worship Team)

### **Get Your Boldly Growing T-Shirt**

Contact: Katie Ackerman | [RE@unitariansofhi.org](mailto:RE@unitariansofhi.org)

T-shirts are here! Please contact Katie Ackerman if you'd like to purchase a First Unitarian Church of Honolulu - Boldly Growing Compassion, Justice, and Joy t-shirt. \$15.00 each / 2 for \$20.00.

### **You Can Meet UUs Anywhere!!!!**

You want to be ready when such an opportunity comes your way. On the credenza in the foyer of our Church is a business card size, informational piece developed by Clement Smith. This card has basic information about our two Campuses: Honolulu and Kapolei.

Pick up a couple to put in your wallet. When you talk to friends about the Church, you can give them the card to remind them when and where we have Services. UUs are everywhere. We just need to point them in the right direction. (Charlotte Morgan)

## **You Are Doing A Great Job!!!!**

Contact: Meghan Bundtzen | [betterwithart@gmail.com](mailto:betterwithart@gmail.com)

Charlotte Morgan | [lottefish@msn.com](mailto:lottefish@msn.com)

Martina Queenth | [martinaq@juno.com](mailto:martinaq@juno.com)

This past Sunday, a visitor to our beloved Church said that our Congregation is so welcoming and friendly that she just keeps coming back.

We have everything we need to grow. We have the pro-level Music. We have the engaging Lifetime Religious Education Program. We have amazing Services. And we have YOU. Keep up the good work!

If you have any questions on how to help a visitor know more about our Church, please ask one of the Engagement Team (ET) Chairs. (Charlotte Morgan)

## **Expanding the Community That Cares About You!**

Contact: Carla Allison | [cbm@hawaii.rr.com](mailto:cbm@hawaii.rr.com) | 396-1488

Heather Lemkelde | [hlemkelde@gmail.com](mailto:hlemkelde@gmail.com) | 462-7860

Want to be part of a connected, compassionate and caring community engaging in relevant and meaningful conversations? There is a Chalice Circle waiting to welcome you!

Chalice Circles are 5-10 people who meet twice a month for two hours to explore preselected topics. Each group is guided by a trained facilitator and members agree to follow a set of guidelines for respectful group interaction. Membership requires commitment to regular attendance twice each month through December 31, 2015.

### **Current Locations, Dates & Times**

Hawaii Kai: 2nd & 4th Mondays @ 6:30-8:30 pm

Kaka'ako: 2nd & 4th Wednesdays @ 6:30-8:30 pm

Nu'uano: 2nd & 4th Tuesdays @ 10:00 am-12:00 pm

Kailua: 2nd & 4th Saturdays @ 3:00-5:00 pm

Ewa Beach: 1st & 3rd Mondays @ 7:00-9:00 pm (Carla Allison)

## **AmazonSmile Donations**

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to First Unitarian Church of Honolulu whenever you shop on Amazon. If you are someone who uses Amazon regularly or just once in a while, please go to <http://unitariansofhi.org/amazon> and sign up. The Church will receive a donation whenever you make an order! (Jennifer Kane)

## ***RELIGIOUS EDUCATION:***

Contact: Katie Ackerman | [re@unitariansofhi.org](mailto:re@unitariansofhi.org)

### **Registration**

Please register your children for Fall Programs now. Some families have already registered; thank you! If you have not, please do so here: <http://www.unitariansofhi.org/forms-re-registration-20152016>

### **This Sunday**

#### **Tie Dye!**

This Sunday will be tie dying in the great outdoors! Please have your youth wear old clothes and bring anything they would like to dye. We need a few adult volunteers. Mahalo! Sign up at [VolunteerSpot](#).

## And Looking Forward . . .

### **Our Whole Lives For 10th - 12th Graders & Their Families**

9/27 - 11/22 (Contact Katie for specific dates and times)

\$100 per family

Using a comprehensive approach, this program helps senior-high youth gain the knowledge, life principles and skills they need to express their sexuality in life-enhancing ways. Includes a parent orientation and 8 sessions. Topics: Sexual Health; About Our Bodies; Taking Care of Our Sexual Selves' Exploring Sexual Development; Gender, Roles and Orientation; Life-spa Sexuality; Becoming a Parent; Intimacy, Masturbation and Lovemaking; Recognizing Unhealthy Relationships, Sexual and Social Issues; Power and Control; Reproductive Rights; Consent; Equality.

The OWL program is values based, inclusive, medically accurate, and age-appropriate. Facilitators have been specially trained to lead this program. Youth meet together with a team of facilitators; parents meet together, also with facilitators, at the same times, discussing the same topics. There will be childcare for younger siblings, as necessary.

For those wondering if this is the right program for their family, please attend the Parent Orientation on Sunday, September 27 at 11:30 in Room #1 at the First Unitarian Church of Honolulu, 2500 Pali Highway. FREE and NO COMMITMENT! Please contact Katie at [RE@unitariansofhi.org](mailto:RE@unitariansofhi.org) to RSVP for the Parent Orientation, or to receive more information.

### **Child Dedication?**

Do you have a child that you would like to have participate in a Unitarian Universalist Dedication? This is a blessing of the child and family and a dedication by the parents and community to support the child as they grow. Open to children of all ages and usually held on a Sunday morning. If you would like a private Dedication, please let the DLRE know and it can probably be arranged. Express interest for the general Dedication Ceremony by replying to this email with your child's name and age.

### **RE Adult Opportunities:**

#### **Hindu Meditation**

Every Sunday, Hindu meditation will be held every Sunday morning from 9-9:50 am in the Fred Harper room. Drop in and see what it's all about! For more information, contact Carla ([cbm@hawaii.rr.com](mailto:cbm@hawaii.rr.com))

#### **Book Study Group**

RE and Social Justice are co-sponsoring a book study/discussion group around *The New Jim Crow*. Meeting will occur 10/4, 10/18, and 11/1. Please contact Lee Curran for more details, [dfcurran@hawaii.rr.com](mailto:dfcurran@hawaii.rr.com).

### **Recurring Calendar Items:**

1st Saturday -- Vesper's Service, 5:00 - 7:00 pm, Nancy Schiltdt's home, email [RE@unitariansofhi.org](mailto:RE@unitariansofhi.org) for more info.

1st Sunday -- RE Team Meeting 11:30, Room 1

2nd & 4th Saturday -- Young Family 'Ohana Covenant Group

2nd & 4th Sunday -- Young Adult Discussion Group after the Service

3rd Sunday -- Young Adult Eat Out or Share In (a meal with YA) after the Service

## ***SOCIAL JUSTICE CORNER:***

Contact: Steve Lohse | 595-4047 | [sjc@unitariansofhi.org](mailto:sjc@unitariansofhi.org)

### **Social Justice Council – SEPTEMBER MEETING**

Tuesday | 9/15 | 6:00 - 8:00 pm | Fred Harper Room

Contact: Steve Lohse | 595-4047 | [sjc@unitariansofhi.org](mailto:sjc@unitariansofhi.org)

The Social Justice Program of the First Unitarian Church of Honolulu engages our Congregation inwardly and our Community outwardly in responsible and effective social action. Have a social justice matter on your mind? Bring it to the Social Justice Council for thoughtful consideration, either in person at a Council meeting or in writing.

The Council meets on the Third Tuesday of every month at 6:00 pm in the Fred Harper Room. See <http://www.unitariansofhi.org/social-justice> for more information about the Social Justice Ministry of the First Unitarian Church of Honolulu. All visitors welcomed. (Steve Lohse)