

Recovery Resources & Tools

[Self-Help and Recovery Support Groups for Addiction](#)

This list of community organizations helps to support those in recovery from substance abuse disorders. SAMHSA's Behavioral Health Treatment Locator highlights a variety of services available to those in need.

[Opioids Epidemic Practical Toolkit: Helping Faith and Community Leaders Bring Hope and Healing to Our Communities](#)

This toolkit, developed by the HHS Center for Faith-based and Neighborhood Partnerships, contains practical steps that your organization can take to bring hope and healing to people suffering the consequences of opioid abuse disorder.

[Recovery Community Organization Toolkit - PDF](#)

The toolkit contains core strategies that organizations around the country have used to develop strong local and statewide recovery groups. Learn the keys to starting up a recovery community organization or thinking about the next steps for your existing group.

[Decisions in Recovery: Interactive Tools](#)

These tools are designed to help people take positive actions to maintain their health and wellness while on the path to recovery.

[How to Seek Help for Substance Misuse](#)

A collection of questions and answers on the signs of drug use and where to find help if you or a loved one need help.

- [Q&A For Teens and Young Adults](#)
- [Q&A for a Friend or Loved one: Teen/Young Adult](#)
- [Q&A for a Friend or Loved One: Adult](#)
- [En español](#)

[Guides and Handbooks on Recovery and Recovery Support](#)

This collection of publications from the Substance Abuse and Mental Health Services Administration includes extensive resources for many issues related to addiction and treatment, including recovery from substance abuse disorders.

[Opioid Recovery App Challenge: Winners](#)

In 2016, SAMHSA sponsored a challenge for the development of a free, opioid recovery focused and user-friendly Opioid Recovery Support app for patients in recovery who are receiving outpatient medication-assisted treatment. Winners created innovative mobile apps to provide opioid recovery support for patients receiving medication-assisted treatment for opioid use disorders.