



Daily Prayer Guide

Helena United Methodist Church

If you are looking for a way to structure your prayers during this unusual time here's a guide! We hope this brings peace to you as you spend time daily with God!

Prayer Focus for Monday	For those who are directly physically impacted by the virus... for healing, comfort and strength, and God's abiding presence...
Prayer Focus for Tuesday	For those who are taking care of others...first responders, health care workers, grocery store and food service workers, pharmacy and other serving professions...
Prayer Focus for Wednesday	For my church...for the mission of Helena UMC to make every day about Jesus Christ and for all those in my congregation, that we remain connected...
Prayer Focus for Thursday	For researchers...for knowledge and wisdom for scientists and technicians who are bringing their talents and strengths to the task...
Prayer Focus for Friday	For myself...that I can remember God's love for me during this difficult time and how I can share God's love with others...that my burdens will be eased...
Prayer Focus for Saturday	For our leaders...for those who have responsibility for decisions that impact communities and nations, for compassion and wisdom, intelligence...
Prayer Focus for Sunday	For families, friends and individuals...for those navigating a new home life and for those who feel terribly alone at home...

In the name of Jesus Christ, amen. When Monday arrives, repeat.