

Today in the fellowship hall join us as we continue our sermon series, "RESET."
Today's sermon title is "Reset My Mind."

Psalm 27:3-4 from the Common English Bible (CEB):

³ *If an army camps against me, my heart won't be afraid.
If war comes up against me, I will continue to trust in this:*
⁴ *I have asked one thing from the LORD—it's all I seek:
to live in the LORD's house all the days of my life,
seeing the LORD's beauty and constantly adoring his temple.*

* * *

The words and songs we use for Contemporary Worship are on the screens in the fellowship hall, but the general order we follow each Sunday is:

Gathering: Praise Songs and Greeting
Gratitude: Offering and Prayer
God's Word: Scripture and Sermon
Going: Praise Song and Sending



Songs in Today's Service:

Made New by Lincoln Brewster
Hallelujah by Brenton Brown
We Believe by Newsboys
Amen Jam Traditional Song
OFFERING: *In the Garden* by Austin Miles

These and other praise songs can be found on PER 90.5 FM. Listening will improve your week.

Sunday 9/18

WELCOME! Sunday
Regular Worship Schedule
Praise Team (FH) 10:00-10:30 am
Girl Scout Troop 5107 (Chapel and Chapel Hall) 3:00-5:30 pm
Shady Grove GO! Children's Ministry Kickoff (FH) 4:30-6:00 pm
Middle School Large Group (DOG House) 6:00-7:00 pm
High School Large Group (DOG House) 7:30-8:30 pm

Monday 9/19

Girl Scout Troop 5366 (EB 106) 4:00-5:30 pm
Finance Committee Meeting (Library) 6:30-8:00 pm
Music and Arts Meeting (EB 210) 7:00-8:30 pm

Tuesday 9/20

Staff Meeting (Church Office) 10:00-11:30 am
ARMFUL/YoungLives Shopping and Dinner (CCC and DOG House) 5:00-9:00 pm

Wednesday 9/21

Mary, Martha, Mom (Library) 9:15-10:15 am
Seniors Brunch and Speaker (Chapel Hall) 10:30 am-12:30 pm
UMFS Guests at CCC and Bistro (CCC and FH) 4:30-6:30 pm
Bistro Dinner (FH) 5:15-6:15 pm
Disciple I (EB 205) 6:00-8:00 pm
Disciple III (EB 207) 6:00-8:00 pm
Faith Care Infant/Toddler Nursery (EB 111) 6:15-7:15 pm
Little Hands – Twos (EB 105) 6:15-7:15 pm
Bible Zone (EB 209/210) 6:15-7:15 pm
SonShine Singers (Sanctuary) 6:15-6:45 pm
Sprouts – Threes to Fives (EB 106) 6:45-7:15 pm
Middle School Small Group (DOG House) 6:15-7:15 pm
Parenting Teens (Church Office) 6:15-7:15 pm
Rowdy MOMs (EB 201) 6:15-7:15 pm
All Pro Dads (EB 202) 6:15-7:15 pm
Disciple Fast Track (EB 203) 6:15-7:15 pm
Connection Group (EB 206) 6:15-7:15 pm
Wednesday Wellness (Library) 6:15-7:15 pm
Praise Team Rehearsal (FH) 7:15-8:15 pm
At Last, Noel Choir Rehearsal (Sanctuary) 7:15-8:00 pm
Meditation with Kate (Library) 7:30-8:15 pm
Sanctuary Choir (Sanctuary) 8:00-9:00 pm

Thursday 9/22

UMM Bible Study (DOG House) 6:45-7:45 am
Separation and Divorce Support Group (DOG House) 6:30-8:00 pm
Richmond Christian Singles Bible Study (EB 206) 7:00-8:30 pm
Boy Scouts – Troop 735 (FH) 7:00-9:00 pm

Friday 9/23

High School Breakfast (Chick-fil-A) 7:45 am
Women's Bible Study (Chapel Bldg.) 9:45-11:00 am
Girl Scout Troop 408 (EB 106) 2:40-4:00 pm
Relay Foods (Front Parking Lot) 3:00-6:30 pm

Sunday 9/25

Global Mission Sunday
Regular Worship Schedule
Praise Team (FH) 10:00-10:30 am
The Sophie House Open House (The Sophie House) 12:00-2:00 pm
Children's Christmas Musical Auditions (Sanctuary) 1:30-4:30 pm
G-3 (Chapel Bldg.) 5:00-6:00 pm
Youth Explosion Choir (Sanctuary) 5:00-6:00 pm
Rowdy MOM's (EB 201) 5:00-6:00 pm
Beyond the Sermon (EB 203) 5:00-6:00 pm
Middle School Large Group (DOG House) 6:00-7:00 pm
High School Large Group (DOG House) 7:30-8:30 pm



Sunday, September 18, 2016

**THIS WEEK
AT SHADY GROVE**

**Shady Grove
United Methodist Church
Short Pump**

4825 Pouncey Tract Road
Glen Allen, VA 23059
804.360-2600

www.shadygroveumc.net

Regular Sunday Schedule

8:15 am
Traditional Worship Sanctuary

9:00-11:00 am
HeBrews Coffee Fellowship Hall

9:30 am
Informal Traditional Worship Sanctuary
Nursery Faith Care (infants-age 2) Education Building
3 Years Old-5th Grade Sunday School Education Building

Youth Sunday School Chapel Building
Adult Sunday School Chapel Building

11:00 am
Informal Traditional Worship Sanctuary
Contemporary Worship Fellowship Hall
Nursery Faith Care (infants-age 2) Education Building
Children's Own Worship Chapel



SERMON NOTES

Psalm 27:3-4

- To "reset" something is to _____ it to its original design.
- I would argue today, for each of us to be healthy and whole as a child of God, we need both our _____ and our _____, our _____ and our _____.
- The writer of this Psalm had war and the oppression of his people on his _____.
- The writer of our text amidst exiles, wars, and numerous other adversaries was able to see and break through the _____ in his world by resetting his mind toward his created purpose with God.

Would you like to receive the weekly eblast, monthly newsletter, and other news from the church office by email? Please send an email to Gregg Butler at gbutler@shadygroveumc.net to be added to the list.

Last Sunday's Stewardship Report on 9/11/2016 (24 weeks)

2016 Fiscal Year is April 1, 2016 – March 31, 2017

Will you be loyal to Shady Grove United Methodist Church and uphold your church by your prayers, your presence, your gifts, your service, and your witness?

ATTENDANCE						
8:15	9:30	11:00	Cont.	Total	SS	COW
40	179	173	81	473	150	29

OPERATING FUND FINANCIAL STATEMENT

Amount received to date in 2016 Fiscal Year	\$ 416,582
Expenses to date for 2016 Fiscal Year	\$ 447,787
Pledge amount for 2016-17 Fiscal Year Operating Fund	\$ 807,587
Pledge cards received	237

BUILDING FUND – (Mortgage Payments)

Amount received to date in 2016 Fiscal Year	\$ 47,782
Principal & Interest paid in 2016 Fiscal Year	\$ 66,840
Pledge amount for 2016-17 Fiscal Year Building Fund	\$ 87,405
Pledge cards received	104

The Building Fund is used to serve our \$ 859,958 debt obligation from 2002-2004 construction of the sanctuary, fellowship hall, and education building, as well as the 2007 acquisition of the adjacent properties on Shady Grove Road. This loan is currently being paid down at a 20-year amortization rate.

GROUNDING IN FAITH, GROWING TO SERVE CAMPAIGN

Amount received to date	\$ 139,209
Pledge amount for 3 years Capital Campaign	\$1,576,545
Pledge cards received	130



Announcements for September 18, 2016

We are glad you are here. It is our hope that you will find our worship meaningful and life-giving. If you are searching for a church home or are interested in learning more about Shady Grove UMC, we invite you to attend our next "Lunch with the Pastors" on Sunday, October 23, at 12:00 noon. To RSVP for lunch, please call the church office at 360-2600 or email plugin@shadygroveumc.net.

TODAY

Today is WELCOME! Sunday. Between services, enjoy fellowship and refreshments outside.

We continue our sermon series, "RESET." When we allow our lives to be reset from cynicism, self-reliance, and sin to faith in Jesus—his grace, his love, his transformation—all the other resets we want and need can and will follow.

Shady Grove GO! Children's Ministry Kickoff is today, from 4:30 to 6:00 pm in the fellowship hall for children 3 years old through grade 5 and their families. Enjoy a scavenger hunt! Dinner is provided. Children's music packets will be available.

Pictorial Directories are here! If you sat for a portrait in the directory, stop by the welcome center in the sanctuary or fellowship hall on Sunday morning to pick up your free copy. You may also stop by the office during the week, 9:00 am to 5:00 pm Monday through Thursday and 9:00 am to 3:00 pm on Friday. Limited supply of extra copies are available at \$3 per copy. (Exact change would be appreciated) Contact Debbie Hockemeyer at 360-2600, ext. 43 or plugin@shadygroveumc.net.

Our children at Shady Grove are in new Sunday school classes. Room 111 - infants and babies; Room 112 - one year olds; Room 105 - two year olds (two by 9/30/16); Room 109 - three year olds (three by 9/30/16); Room 108 - four year olds (four by 9/30/16); Room 104/103 - kindergarten; Room 202 - first grade; Room 203 - second grade; Room 207 - third grade; Room 206 - fourth grade; Room 210 - fifth grade. Note: To continue to foster a safe environment for children attending Sunday school, parents need to drop off and pick up children from their classrooms.

Gift Cards to Benefit Youth Ministry – Be sure to check out the gift card table on Sunday mornings in the sanctuary foyer or download an order form from <http://shadygroveumc.net/youth-documents> to see many other cards you can purchase. Questions? Contact Frank Basil at youth@shadygroveumc.net.

THIS WEEK

Seniors Brunch and Speaker Wednesday, September 21, 10:30 am in Chapel Hall. Bring a covered dish to share. Kip and Rev. Nancy Robinson will be with us to share stories of their mission work with the Virginia Conference. RSVP to Betsy Katko at bjkatko@comcast.net or 360-5057 by **Monday, September 19.**

Join us Wednesday nights at Shady Grove Bistro – Dinner is served 5:15 to 6:15 pm in the fellowship hall. RSVP on our website, www.shadygroveumc.net/shady-grove-bistro, email sgumcdinner@gmail.com, or call 360-3907, ext. 46 by noon Tuesdays. Adults: \$7, Child: \$3, Family (parents & children): \$20. Menu for **September 21** - baked rosemary chicken, cucumber salad, roasted corn salad, four berry cobbler. *Kids menu: chicken nuggets, hot dogs, chips, apple slices, and GoGurts.*

SonShine Singers – Co-directors Jamie Bittner and Sylvia Cooper, invite children ages three through kindergarten to come and sing in the SonShine Singers **Wednesdays** from 6:15-6:45 pm in the sanctuary. The SonShine Singers share in worship on second Sundays of the month. Contact: Sylvia Cooper scooper@shadygroveumc.net.

Christmas Cantata – Join us **each Wednesday** from 7:15-8:00 pm as we continue rehearsals for our Christmas musical drama, *At Last, Noel*, open to high school students and adults. Accompanied by orchestra, the musical will also include still drama: the Holy Family, wise men, and shepherds. If you would like to be a part of the still drama, please contact Sylvia Cooper at scooper@shadygroveumc.net. *At Last, Noel* will be presented on Saturday, December 10, at 7:00 pm and also on Sunday, December 11, at both our 9:30 and 11:00 am worship services in the sanctuary.

Beginning **September 22**, Shady Grove will be hosting a **Separation and Divorce Support Group on Thursdays** 6:30-8:00 pm in the DOG House. This group is open to church members and members of our community looking for healing and support in a safe and confidential atmosphere. Childcare provided in the education building. Contact: Jud White, drjud50@msn.com.

Friday Women's Bible – 9:45-11:00 am in the chapel building. Rev. Beanie Kelly will lead a study of Lisa Harper's book, *Hebrews, the Nearness of King Jesus*. Books are available for \$13 in the church office. Questions? Contact Rev. Beanie at bkelly@shadygroveumc.net or call the church office, 360-2600.

Auditions for the children's musical, Christmas Hang-Ups, will be held Sunday, September 25, 1:30-4:30 pm, in the sanctuary. Pickup audition packets in the church office (9-5 Monday-Thursday; Friday: 9-3). Sign-ups for auditions for children grades K-5 **continue through September 21** via our church website, www.shadygroveumc.net/childrens-music-and-arts.

COMING UP

Sunday, September 25 is Global Missions Sunday when we celebrate our ongoing support of six missionary families around the world with special messages at each service and an opportunity to pledge support for the coming year.

SGUMC is invited to The Sophie House Grand Opening on Sunday, September 25, 12:00-2:00 pm. Grab some lunch from food trucks. Take a tour of the new Community Center and enjoy free dessert! Bring food items to help stock the food pantry. Please park at SGUMC main parking lot, church office, or DOG House and walk over. Learn more at www.thesophiehouse.org.

Youth Explosion Choir rehearsals begin Sunday, September 25, from 5:00-6:00 pm. This choir is for youth entering grades 6-12. We will be singing in worship October 16 and also will begin rehearsing for the annual Youth Choir Jam to be held at River Road Baptist Church November 18 and 19. Cost to attend covers 2 meals: Friday dinner and Saturday lunch: \$15 payable to SGUMC by Sunday, October 9. Hope to see you! For more information contact Sylvia Cooper at scooper@shadygroveumc.net.

The Wayne Samford Memorial Golf Tournament Committee invites you to join us to help with the solicitation of raffle items for the tournament benefitting Camp Easter Seals UCP for children age 6-12. Held **Monday, September 26,** at The Federal Club. Need gift certificates for dinners, coffee, movie tickets... anything that would be a \$20 value or more. Questions? Contact Melba Gibbs at melba.gibbs@eastersealsucp.com.

Knitting & Crochet Ministry is a group working together to stitch shawls, scarves, hats, and prayer squares where needed as led by God. We will show you how and give you the yarn and needles to get you going on one of these projects. If you are interested, **YOU ARE INVITED** to our next meeting hosted by Elaine Ratliff on **Thursday, September 29,** at 7:00 pm. Address: 5009 Belmont Park Road, Glen Allen. Call Margaret Phillips at 527-7857 with any question. See you on the 29th!!!

SGUMC is hosting a Life Line Screening for the community on Friday, October 7. They will perform ultrasound tests for stroke/carotid artery blockage, abdominal aortic aneurysm, peripheral arterial disease and osteoporosis risk. In order to register for this event and to receive a \$10 discount off any package priced above \$129, please call 1-888-653-6441 or visit www.lifelinescreening.com/community-partners.

Adult Mission Trip Opportunities – Adults are invited to be part of two mission opportunities: **November 10-13** - Tornado rebuilding in Waverly, VA, no cost except meals; **May 14-19** - Appalachia Service Project in Guyan Valley, WV, \$425. Contact Bob Payne at rbpayne60@comcast.net or 305-8763.

PRAYER CONCERNS

Tori Anderson, Vic Anderson (father of Vicky Oliver), Terrie Besnier, Jim Bonnell, Jan Burger, Bonnie Dellinger (mother of Jill Early), Fyfe Dollar, Betty Finley, Ann Gooch (mother of Anita Schrunck), Barry Green, Ann Gussett (mother of Laura Ann Kump), Laura Harkonen-missionary in Congo, Tommy Harris, Ryan Hartsook (son-in-law of Mike and Ruth Powell), Don Herrick (father of Anne Hurst and Sarah Metzgar), Peggy Hill, Terry Hoover (father of Haylee Douglas), Betsy Katko, Francis Lyons (grandmother of Walt Lyons), Pam Melton (daughter of Sylvia Chartier), Diane Morrison, Mary Oefelein (mother of Philip Oefelein), Caiden Purkey (grandson of Bob and Lisa Jones), Shirley Ronquest, Jim Schmidt, Lois Ann Sessoms (mother of Rachel Smith), Steve Stokes, Sara Walker

Homebound

Aleida Bultman, Mike Powell, Beverly Robertson (mother of Martha Anne Martin), Linda Stone-Our Lady of Hope

Global Missionaries

Lindsay and Eva Gilliam-US, Liz Jackson-Philippines, Fishers 4 Him-Dominican Republic, Heather and James-location undisclosed, Timo and Laura Harkonen-Democratic Republic of the Congo, Quynh-Hoa Nguyen-Vietnam



Connection Group Discussion Questions

For the week of September 18, 2016

Psalm 27:3-4

These questions are to be used as a spring board for discussion. Answers may or may not be found in the sermons.

1. Reset means to restore to its original design. If you believe God is our creator, do you believe he created us with a purpose and if so, what is it?
2. Many in today's culture compare their commitment to church to being involved in a civic organization and paying dues. Is there a difference to the commitment we make to charity organizations versus our commitment to church and our faith? If so, what is the difference?
3. In the Greek world, the mind or reason was valued over the heart or emotions. Discuss why you think reason was more important to the Greeks.
4. Discuss possible times in your life when relying on your heart led you into making a bad decision. Have the same discussion about possible times when relying primarily on your reasoning ability led you into making a bad decision.
5. Is it possible to value your head and heart in the decisions we make? If so, discuss how you would go about the decision making process?
6. The writer of Psalm 27:3-4 writes from a context of his people being in Babylon. Reread the text and discuss how his thoughts reflected the experience he was going through.
7. How can the messages our mind sends limit or even destroy the images we have of ourselves? Do we have the ability to change negative perceptions we have of ourselves? If so, how?
8. In *How to Find out Who You Are*, Nelson Price reports that 15 prominent college professors took this challenge: "If all the books on the actions of human beings were condensed into one brief statement, what would that statement be?" The results of their deliberation were:
 - 1) What the mind attends to, it considers.
 - 2) What the mind does not attend to, it dismisses.
 - 3) What the mind attends to continually, it believes.
 - 4) What the mind believes, it eventually does.
 Discuss what you think Price is trying to tell us in his research. Do you agree or disagree?
9. The writer of our text attempts to share how his faith in God has impacted the negative images of his experience in the world. Can our faith reset or reform the image we have of ourselves? If so, how?