

Today in the fellowship hall join us as we end our sermon series, "RESET."  
 Today's sermon is "Reset My Hands."

Luke 5:17-26 from the New Revised Standard Version (NRSV):

<sup>17</sup> One day, while he was teaching, Pharisees and teachers of the law were sitting near by (they had come from every village of Galilee and Judea and from Jerusalem); and the power of the Lord was with him to heal. <sup>18</sup> Just then some men came, carrying a paralyzed man on a bed. They were trying to bring him in and lay him before Jesus; <sup>19</sup> but finding no way to bring him in because of the crowd, they went up on the roof and let him down with his bed through the tiles into the middle of the crowd in front of Jesus. <sup>20</sup> When he saw their faith, he said, "Friend, your sins are forgiven you." <sup>21</sup> Then the scribes and the Pharisees began to question, "Who is this who is speaking blasphemies? Who can forgive sins but God alone?" <sup>22</sup> When Jesus perceived their questionings, he answered them, "Why do you raise such questions in your hearts? <sup>23</sup> Which is easier, to say, 'Your sins are forgiven you,' or to say, 'Stand up and walk'? <sup>24</sup> But so that you may know that the Son of Man has authority on earth to forgive sins"—he said to the one who was paralyzed—"I say to you, stand up and take your bed and go to your home." <sup>25</sup> Immediately he stood up before them, took what he had been lying on, and went to his home, glorifying God. <sup>26</sup> Amazement seized all of them, and they glorified God and were filled with awe, saying, "We have seen strange things today."

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The words and songs we use for Contemporary Worship are on the screens in the fellowship hall, but the general order we follow each Sunday is:

- Gathering:** Praise Songs and Greeting
- Gratitude:** Offering and Prayer
- God's Word:** Scripture and Sermon
- Going:** Praise Song and Sending



**Songs in Today's Service:** *Write Your Story* by Francesca Battistelli  
*This Is Amazing Grace* by Phil Wickham  
*Good, Good Father* by Chris Tomlin  
*Start A Fire* by Unspoken

*These and other praise songs can be found on PER 90.5 FM. Listening will improve your week.*

**Sunday 10/9**

- Regular Worship Schedule
- Praise Team (FH) 10:00-10:30 am
- Christmas Hang-Ups Rehearsal & Praise Kids (Sanctuary) 3:30-5:00 pm
- G-3 (Chapel Bldg.) 5:00-6:00 pm
- Youth Explosion Choir (Sanctuary) 5:00-6:00 pm
- Rowdy MOMs (EB 201) 5:00-6:00 pm
- Girl Scout Troop 3007 (EB 106 or 202) 5:00-6:30 pm
- Middle School Large Group (DOG House) 6:00-7:00 pm
- High School Large Group (DOG House) 7:30-8:30 pm

**Monday 10/10**

- OFFICE CLOSED
- Betty Fairbanks Circle (EB 201) 1:00-3:00 pm

**Tuesday 10/11**

- Staff Meeting (Church Office) 10:00-11:30 am
- Staff Parish Relations Committee (Library) 6:30-8:00 pm
- Missions Committee (EB 201) 7:00-8:00 pm
- Trustees Meeting (EB 202) 7:00-8:30 pm

**Wednesday 10/12**

- Mary, Martha, Mom (Library) 9:15-10:15 am
- Christmas Hang-Ups Drama Rehearsal (Sanctuary) 4:30-5:45 pm
- Bistro Dinner (FH) 5:15-6:15 pm
- Disciple I (EB 205) 6:00-8:00 pm
- Disciple Fast Track (EB 203) 6:15-7:15 pm
- Disciple III (EB 207) 6:15-7:30 pm
- Faith Care Infant/Toddler Nursery (EB 111) 6:15-7:15 pm
- Little Hands – Twos (EB 105) 6:15-7:15 pm
- Bible Zone Grades 1-3 (EB 209) 6:15-7:15 pm
- Bible Zone Grades 4-5 (EB 210) 6:15-7:15 pm
- SonShine Singers (Sanctuary) 6:15-6:45 pm
- Sprouts – Threes to Fives (EB 106) 6:45-7:15 pm
- Middle School Small Group (DOG House) 6:15-7:15 pm
- Parenting Teens (Church Office) 6:15-7:15 pm
- Rowdy MOMs (EB 201) 6:15-7:15 pm
- All Pro Dads (EB 202) 6:15-7:15 pm
- Connection Group (EB 206) 6:15-7:15 pm
- Wednesday Wellness (Library) 6:15-7:15 pm
- Gideon's Call (EB 204) 6:15-7:15 pm
- Praise Team Rehearsal (FH) 7:15-8:15 pm
- At Last, Noel Choir Rehearsal (Sanctuary) 7:15-8:15 pm
- Meditation with Kate (Library) 7:30-8:15 pm
- Sanctuary Choir (Sanctuary) 8:15-9:00 pm

**Thursday 10/13**

- UMM Bible Study (DOG House) 6:45-7:45 am
- Separation and Divorce Support Group (DOG House) 6:30-8:00 pm
- The Center for Creative Arts Board Meeting (Chapel Bldg.) 7:00-9:00 pm
- Boy Scouts – Troop 735 (FH) 7:00-9:00 pm

**Friday 10/14**

- High School Breakfast (Chick-fil-A) 7:45 am
- Women's Bible Study (Chapel Bldg.) 9:45-11:00 am
- ARMFUL (DOG House) 10:30 am-2:00 pm
- Girl Scout Troop 408 (EB 106) 2:40-4:00 pm
- Relay Foods (Front Parking Lot) 3:00-6:30 pm
- Girl Scout Brownie Troop 5086 (EB 106 or 202) 6:30-7:30 pm

**Saturday 10/15**

- Henrico Humane Society Yard Sale (Front Parking Lot) 8:00 am-2:00 pm

**Sunday 10/16**

- Regular Worship Schedule
- Praise Team (FH) 10:00-10:30 am
- Christmas Hang-Ups Rehearsal & Praise Kids (Sanctuary) 3:30-5:00 pm
- Girl Scout Troop 5107 (EB 202/203) 4:00-5:45 pm
- Youth Explosion Choir (Sanctuary) 5:00-6:00 pm
- Family Game Night (FH) 5:00-6:00 pm
- Middle School Large Group (DOG House) 6:00-7:00 pm
- High School Large Group (DOG House) 7:30-8:30 pm



Sunday, October 9, 2016

**THIS WEEK AT SHADY GROVE**

**Shady Grove United Methodist Church**

**Short Pump**

4825 Pouncey Tract Road  
 Glen Allen, VA 23059  
 804.360-2600  
[www.shadygroveumc.net](http://www.shadygroveumc.net)

**Regular Sunday Schedule**

- 8:15 am  
 Traditional Worship Sanctuary
- 9:00-11:00 am  
 HeBrews Coffee Fellowship Hall
- 9:30 am  
 Informal Traditional Worship Sanctuary  
 Nursery Faith Care (infants-age 2) *Education Building*  
 3 Years-5th Grade Sunday School *Education Building*  
 Youth Sunday School Chapel Building  
 Adult Sunday School Chapel Building
- 11:00 am  
 Informal Traditional Worship Sanctuary  
 Contemporary Worship Fellowship Hall  
 Nursery Faith Care (infants-age 2) *Education Building*  
 Children's Own Worship Chapel

**Last Sunday's Stewardship Report on 10/2/2016 (27 weeks)**

**2016 Fiscal Year is April 1, 2016 – March 31, 2017**

Will you be loyal to Shady Grove United Methodist Church and uphold your church by your prayers, your presence, your gifts, your service, and your witness?

**ATTENDANCE**

8:15	9:30	11:00	Cont.	Total	SS	COW
39	154	113	69	375	130	12

**OPERATING FUND FINANCIAL STATEMENT**

Amount received to date in 2016 Fiscal Year	\$ 465,960
Expenses to date for 2016 Fiscal Year	\$ 491,811
Pledge amount for 2016-17 Fiscal Year Operating Fund	\$ 807,587
Pledge cards received	237

**BUILDING FUND – (Mortgage Payments)**

Amount received to date in 2016 Fiscal Year	\$ 51,481
Principal & Interest paid in 2016 Fiscal Year	\$ 77,208
Pledge amount for 2016-17 Fiscal Year Building Fund	\$ 87,405
Pledge cards received	104

The Building Fund is used to serve our \$ 852,435 debt obligation from 2002-2004 construction of the sanctuary, fellowship hall, and education building, as well as the 2007 acquisition of the adjacent properties on Shady Grove Road. This loan is currently being paid down at a 20-year amortization rate.

**GROUNDING IN FAITH, GROWING TO SERVE CAMPAIGN**

Amount received to date	\$ 149,905
Pledge amount for 3 years Capital Campaign	\$1,576,545
Pledge cards received	130

**Connection Group Discussion Questions**

**For the week of October 9, 2016 Luke 5:17-26**

*These questions are to be used as a spring board for discussion.*

*Answers may or may not be found in the sermons.*

1. What can we learn about *faith* from the example of the men who carried the paralytic to Jesus?
2. The friends had the philosophy, "Where there's a will, there's a way." If there was a closed door, they found an open roof. Describe a time when friends went out of their way to help you.
3. Describe a time when you went out of your way to help others. How did it make you feel?
4. Which of the two phrases is easier to say? "Your sins are forgiven!" OR "Get up, take your mat, and go home!" Why?
5. Jesus didn't immediately heal the man physically. The first thing Jesus did was to forgive the man's sins. How would that have been challenging or confusing for some of the people? Why did Jesus attend to the man's spiritual healing before his physical healing? What can we learn from this?
6. What were all the ways God was glorified in this story? How could God be glorified through your response to this story?



## Announcements for October 9, 2016

We are glad you are here. It is our hope that you will find our worship meaningful and life-giving. If you are searching for a church home or are interested in learning more about Shady Grove UMC, we invite you to attend our next "Lunch with the Pastors" on Sunday, October 16, at 12:00 noon. To RSVP for lunch, please call the church office at 360-2600 or email [plugin@shadygroveumc.net](mailto:plugin@shadygroveumc.net).

### TODAY

**2016 Happen'n Hallows Eve** – "If you never did, you should. These things are FUN, and FUN is GOOD!" -Dr. Seuss  
Join us for Shady Grove's alternative to Halloween on **Saturday, October 29**, from 4:00 to 7:00 pm. We have NEW games, HILARIOUS contests, FESTIVE food, FUN prizes, and FAMILY-FRIENDLY activities for all ages. DJ Iva will also be spinning some tunes! Tickets are being sold before and after Sunday School in the sanctuary, \$6 per person or \$30 maximum per family (presale). Contact Terri Ellis at [msetpe1996@gmail.com](mailto:msetpe1996@gmail.com). We need your help to make this event a success! Various opportunities are available to volunteer or donate items. Sign up to help out at <http://tinyurl.com/zpokovd>, sign up to donate items at <http://tinyurl.com/zk659dk>, and sign up for contests at <http://tinyurl.com/jrwpl6p>.

**Please donate old t-shirts to be upcycled into jump ropes** to pack in the Operation Christmas Child shoeboxes. Shirts can be torn, stained or have writing on them, just please be sure they are clean. Look for bins in the foyer of the sanctuary, fellowship hall and education building or bring to the church office during the week. We will collect **through Thursday, October 20**. Contact Dottie Chilton at [dottie.chilton@gmail.com](mailto:dottie.chilton@gmail.com).

**Calling all children ages 3 years-grade 5** – Come and join us for the children's musical, *Christmas Hang-Ups*. Rehearsals are Sundays from 3:30-5:00 pm in the sanctuary for children in grades 1-5, and begin October 30 from 4:15-5:00 pm for children ages 3 years-kindergarten. A full rehearsal schedule can be found on the children's music and arts page on our church website, [www.shadygroveumc.net](http://www.shadygroveumc.net). Presentations are Saturday, December 3, at 4:00 pm and Sunday, December 4, at 9:30 and 11:00 am in the sanctuary. Packets can be picked up in the church office (Mon-Thurs 9-5; Friday 9-3), or at rehearsal. Contact Sylvia Cooper at [scooper@shadygroveumc.net](mailto:scooper@shadygroveumc.net) if you have any questions.

### THIS WEEK

**The Betty Fairbanks Circle meets on Monday, October 10**, at 1:00 pm in the education building, room 201. Everyone in the Shady Grove community of faith is welcomed to attend. This month's program (coordinated by Marie Thurman) will be presented by Alex Acosta from the American Red Cross. Please bring a check made payable to the American Red Cross to this meeting as a mission contribution. Also remember to bring aluminum can tabs to the church office during the week or look for the collection jars in the foyer of the sanctuary and other locations around the church. These valuable can tabs help pay the Ronald McDonald House's utility bills. Contact Pam Kugel at [kugelp@gmail.com](mailto:kugelp@gmail.com).

**Adult Discipleship Opportunities** – Many classes and ministries are underway, but it is not too late to jump in! Learn more about Adult Discipleship opportunities through the week by visiting [www.shadygroveumc.net/adults](http://www.shadygroveumc.net/adults). For Wednesday Night classes, visit [www.shadygroveumc.net/wednesday-nights](http://www.shadygroveumc.net/wednesday-nights).

**Join us Wednesday nights at Shady Grove Bistro** – Dinner is served 5:15 to 6:15 pm in the fellowship hall. RSVP on our website, [www.shadygroveumc.net/shady-grove-bistro](http://www.shadygroveumc.net/shady-grove-bistro), email [sgumcdinner@gmail.com](mailto:sgumcdinner@gmail.com), or call 360-3907, ext. 46 by noon Tuesdays. Adults: \$7, Child: \$3, Family (parents & children): \$20. Menu for **October 12** – beef tacos: hard or soft shells, lettuce, tomatoes, onions, homemade guacamole, cheese and sour cream, cherry pie bars. *Kids menu: homemade mac and cheese, hot dogs, orange slices, Rice Krispy bars.*

**Wellness Wednesday 6:15-7:15 pm** – Join SGUMC's Health Cabinet as they host various health and wellness professionals in the church library. This week: *Is Your World Turning Upside Down? Learn More About Dizziness!* with Dr. Kelsey Quinton, Physical Therapist. Contact: Caroline Walters or [carolinewalt@verizon.net](mailto:carolinewalt@verizon.net) or Patti Hudak at [5daks@comcast.net](mailto:5daks@comcast.net).

**Gideon's Call**, a men's vocal ensemble, will be singing in worship Sunday, October 30. Rehearsals **begin Wednesday, October 12**, from 6:15-7:15 pm and continue October 19 and 26. Rehearsals are held in the education building, room 204. High school boys and all interested men are encouraged to join us and participate in this ministry opportunity. For more information contact Sylvia Cooper at [scooper@shadygroveumc.net](mailto:scooper@shadygroveumc.net).

**It's not too late to join us for our Christmas Cantata, At Last, Noel.** Students in high school and adults are encouraged to be a part of this short term choir opportunity. Rehearsals for the Christmas musical choir offer child care and continue each Wednesday beginning at 7:15 pm, a full rehearsal schedule can be found on the adult's music and arts page on our website, [www.shadygroveumc.net/adults-music-and-arts](http://www.shadygroveumc.net/adults-music-and-arts). Accompanied by orchestra, the musical will have two narrators and will also include "still drama": the Holy Family, wise men, and shepherds. If you would like to be a part of the still drama, please contact Sylvia at [scooper@shadygroveumc.net](mailto:scooper@shadygroveumc.net).

**Meditation with Kate: Wednesdays 7:30-8:15 pm** – Kate Bishop resumes her weekly guided meditation, which will bring you peace in a busy working week. Bring an open heart and mind. Contact Kate at [kbishop@shadygroveumc.net](mailto:kbishop@shadygroveumc.net).

**Separation and Divorce Support Group in the DOG House: Thursdays, 6:30-8:00 pm** – Shady Grove will host a new support group open to the congregation and outside community looking for healing and support in a safe and confidential atmosphere. Childcare provided in the education building. Contact Jud White at [drjud50@msn.com](mailto:drjud50@msn.com).

### COMING UP

**Next Sunday, October 16, we begin a four week sermon series entitled "The Games People Play."** We will view the classic games Aggravation, Monopoly, Jenga, and Sorry in terms of how they represent aspects of our Christian faith. To get in the game, come to **Game Night at Shady Grove on October 16** at 5:00 pm for dinner and BINGO! We will provide pizza and drinks, please bring a NUT FREE snack to share. If your last name begins A-M bring a sweet snack and if your last name begins N-Z bring a salty snack. THE NUMBER OF RSVPS WILL DIRECTLY DETERMINE THE AMOUNT OF PIZZA ORDERED! RSVP online at <https://goo.gl/forms/6fMUbgMsHwjG7mce2> or by phone at 360-2600 ext. 49. Looking for an opportunity to share any gifts or talents to make this night a success? Contact Lauren Adkins at [ladkins@shadygroveumc.net](mailto:ladkins@shadygroveumc.net). G-3 will attend this event.

**STEP Banquet and Fundraiser, October 20** – The congregation is invited to a banquet and fundraiser on Thursday, October 20, to support STEP which serves kids in need in Gilpin Court with afterschool tutoring and a meal. 6:30 pm at West End Presbyterian. Register at <http://tinyurl.com/stepbanquet> by **Monday, October 17**.

**Seniors Brunch and Speaker – Wednesday, October 19**, at 10:30 am in Chapel Hall. Bring a dish to share and join us to hear from Bobby Spiers, a member of Reveille UMC, who will share his research and knowledge on Charles Wesley. He will give us in-depth information about several hymns Wesley composed. RSVP to Betsy Katko at [bjkatko@comcast.net](mailto:bjkatko@comcast.net) or 360-5057.

**The Center for Creative Arts** – Autumn Studio Art workshops for adults will teach you how to create a Tuscany landscape - October 17, a mountain silhouette - October 25, Parent & Child Painting Workshop - November 10, and a floral still life painting - November 15. These evening workshops are great for friends, include light refreshments, and all supplies. No experience necessary! See the details on our new website at [center4creativearts.org](http://center4creativearts.org). The Center offers a broad array of classes for children and teens including art, chess, and private music instruction for all ages. Learn about our programs at [www.center4creativearts.org](http://www.center4creativearts.org) or email [center4creativearts@comcast.net](mailto:center4creativearts@comcast.net) to register.

**Knitting & Crochet Ministry** is a group working together to stitch shawls, scarves, hats, and prayer squares where needed as led by God. We will show you how and give you the yarn and needles to get you going on one of these projects. If you are interested, YOU ARE INVITED to our next meeting hosted by Elaine Ratliff on **Thursday, October 27**, at 7:00 pm. Address: 5009 Belmont Park Road, Glen Allen. Call Margaret Phillips at 527-7857 or email [phillips.mwphillips@gmail.com](mailto:phillips.mwphillips@gmail.com) with any question. See you on the 27th!

**Methodism 101: "Why I Am Methodist" Saturday, November 5** – Join us as we discuss the big questions: What is the Methodist approach to the Bible? . . . the Trinity? What are our Methodist ethics and how do we help others? Where do we come from and where are we going? Christian educator Jennifer McCluskey returns to SGUMC to use her passion for the Lord, history, and Methodism to ignite a passion for our denomination in all of us. Registration starts at 8:30 am with the program running from 9:00 am to 12:00 noon. The cost for this event is \$15, which includes refreshments and materials. This event is appropriate for youth and adults. Sign-up online: <https://goo.gl/forms/3wh301v8oy1AaT0w1> or look for registration forms in the Welcome Center closer to the event. Register by **Tuesday, November 1**. Contact Lauren Adkins with questions or to help with the setup for this event, [ladkins@shadygroveumc.net](mailto:ladkins@shadygroveumc.net).

**Adult Mission Trip Opportunities** – Adults are invited to be part of two mission opportunities: **November 10-13** - Tornado rebuilding in Waverly, VA, no cost except meals; **May 14-19** - Appalachia Service Project in Guyan Valley, WV, \$425. Contact Bob Payne at [rpayne60@comcast.net](mailto:rpayne60@comcast.net) or 305-8763.

### PRAYER CONCERNS

Tori Anderson, Vic Anderson (father of Vicky Oliver), Terrie Besnier, Jim Bonnell, Jan Burger, Reba Deavours (mother of Dianne Shafer), Bonnie Dellinger (mother of Jill Early), Fyfe Dollar, Betty Finley, Cheryl Fitzgerald (sister of Donna Noble), Ann Gooch (mother of Anita Schrunck), Ann Gussett (mother of Laura Ann Kump), Laura Harkonen-missionary in Congo, Tommy Harris, Ryan Hartssook (son-in-law of Mike and Ruth Powell), Don Herrick (father of Anne Hurst and Sarah Metzgar), Peggy Hill, Terry Hoover (father of Haylee Douglas), Betsy Katko, Francis Lyons (grandmother of Walt Lyons), Wallace Martin, Pam Melton (daughter of Sylvia Chartier), Diane Morrison, Mike Powell, Caiden Purkey (grandson of Bob and Lisa Jones), Beverly Robertson (mother of Martha Anne Martin), Shirley Ronquest, Jim Schmidt, Lois Ann Sessoms (mother of Rachel Smith), Steve Stokes, Sara Walker

### Homebound

Aleida Bultman, Linda Stone-Our Lady of Hope

### Global Missionaries

Heather and James-location undisclosed, Nico Chantel-Europe, Fishers 4 Him-Dominican Republic, Eva and Lindsay Gilliam-US, Laura and Timo Harkonen-Democratic Republic of the Congo, Liz Jackson-Philippines, Quynh-Hoa Nguyen-Vietnam

