

Today in the fellowship hall join us as we continue our sermon series, "RESET."
Today's sermon is "Reset My Voice."


Psalm 71:15-16 from the New International Version (NIV):

¹⁵ My mouth will tell of your righteous deeds,
of your saving acts all day long—
though I know not how to relate them all.
¹⁶ I will come and proclaim your mighty acts, Sovereign LORD;
I will proclaim your righteous deeds, yours alone.

* * *

The words and songs we use for Contemporary Worship are on the screens in the fellowship hall,
but the general order we follow each Sunday is:

Gathering: Praise Songs and Greeting
Gratitude: Offering and Prayer
God's Word: Scripture and Sermon
Going: Praise Song and Sending

 **Songs in Today's Service:** *Sing Sing Sing* by Chris Tomlin
Shout to the Lord by Darlene Zschech
Word of God Speak by MercyMe
I Will Call Upon the Lord by Michael Shields

These and other praise songs can be found on PER 90.5 FM. Listening will improve your week.

Sunday 10/2

Regular Worship Schedule
Praise Team (FH) 10:00-10:30 am
Children's Council (EB 205) 3:30-4:45 pm
Christmas Hang-Ups Rehearsal & Praise Kids (Sanctuary) 3:30-5:00 pm
Girl Scout Troop 5107 (EB 202/203) 4:00-5:45 pm
G-3 (Chapel Bldg.) 5:00-6:00 pm
Youth Explosion Choir (Sanctuary) 5:00-6:00 pm
Rowdy MOMs (EB 201) 5:00-6:00 pm
Beyond the Sermon (EB 203) 5:00-6:00 pm
Youth Large Group Celebration (FH) 6:00-8:00 pm

Monday 10/3

Girl Scout Troop 5366 (EB 106) 4:00-5:30 pm
Pack 763 Den 7/8 (FH) 6:30-7:30 pm

Tuesday 10/4

Staff Meeting (Church Office) 10:00-11:30 am
Short Pump Ruritan Board Meeting (EB 203) 7:00-8:30 pm

Wednesday 10/5

Mary, Martha, Mom (Library) 9:15-10:15 am
Christmas Hang-Ups Drama Rehearsal (Sanctuary) 4:30-5:45 pm
Bistro Dinner (FH) 5:15-6:15 pm
Disciple I (EB 205) 6:00-8:00 pm
Disciple III (EB 207) 6:00-8:00 pm
Faith Care Infant/Toddler Nursery (EB 111) 6:15-7:15 pm
Little Hands – Twos (EB 105) 6:15-7:15 pm
Bible Zone Grades 1-3 (EB 209) 6:15-7:15 pm
Bible Zone Grades 4-5 (EB 210) 6:15-7:15 pm
SonShine Singers (Sanctuary) 6:15-6:45 pm
Sprouts – Threes to Fives (EB 106) 6:45-7:15 pm
Middle School Small Group (DOG House) 6:15-7:15 pm
Parenting Teens (Church Office) 6:15-7:15 pm
Rowdy MOMs (EB 201) 6:15-7:15 pm
All Pro Dads (EB 202) 6:15-7:15 pm
Disciple Fast Track (EB 203) 6:15-7:15 pm
Connection Group (EB 206) 6:15-7:15 pm
Wednesday Wellness (Library) 6:15-7:15 pm
Praise Team Rehearsal (FH) 7:15-8:15 pm
At Last, Noel Choir Rehearsal (Sanctuary) 7:15-8:00 pm
Meditation with Kate (Library) 7:30-8:15 pm
Preschool Board Meeting (EB 201) 7:30-9:30 pm
Sanctuary Choir (Sanctuary) 8:00-9:00 pm

Thursday 10/6

UMM Bible Study (DOG House) 6:45-7:45 am
UMM Dinner and Meeting (FH) 6:00-9:00 pm
Separation and Divorce Support Group (DOG House) 6:30-8:00 pm
Richmond Christian Singles Bible Study (EB 206) 7:00-8:30 pm
Boy Scouts – Troop 735 (EB 202/203) 7:00-9:00 pm

Friday 10/7

Middle School Breakfast (Chick-fil-A) 7:20 am
Lifeline Screening (FH) 8:30 am-5:15 pm
Women's Bible Study (Chapel Bldg.) 9:45-11:00 am
Relay Foods (Front Parking Lot) 3:00-6:30 pm

Sunday 10/9

Regular Worship Schedule
Praise Team (FH) 10:00-10:30 am
Christmas Hang-Ups Rehearsal & Praise Kids (Sanctuary) 3:30-5:00 pm
G-3 (Chapel Bldg.) 5:00-6:00 pm
Youth Explosion Choir (Sanctuary) 5:00-6:00 pm
Rowdy MOMs (EB 201) 5:00-6:00 pm
Beyond the Sermon (EB 203) 5:00-6:00 pm
Girl Scout Troop 3007 (EB 106 or 202) 5:00-6:30 pm
Middle School Large Group (DOG House) 6:00-7:00 pm
High School Large Group (DOG House) 7:30-8:30 pm



Sunday, October 2, 2016

**THIS WEEK
AT SHADY GROVE**

**Shady Grove
United Methodist Church
Short Pump**
4825 Pouncey Tract Road
Glen Allen, VA 23059
804.360-2600
www.shadygroveumc.net

Regular Sunday Schedule

8:15 am
Traditional Worship Sanctuary

9:00-11:00 am
HeBrews Coffee Fellowship Hall

9:30 am
Informal Traditional Worship Sanctuary
Nursery Faith Care (infants-age 2) Education Building
3 Years-5th Grade Sunday School Education Building
Youth Sunday School Chapel Building
Adult Sunday School Chapel Building

11:00 am
Informal Traditional Worship Sanctuary
Contemporary Worship Fellowship Hall
Nursery Faith Care (infants-age 2) Education Building
Children's Own Worship Chapel

**Last Sunday's Stewardship Report on 9/25/2016
(26 weeks)**

2016 Fiscal Year is April 1, 2016 – March 31, 2017

Will you be loyal to Shady Grove United Methodist Church
and uphold your church by your prayers, your presence,
your gifts, your service, and your witness?

ATTENDANCE						
8:15	9:30	11:00	Cont.	Total	SS	COW
32	198	108	95	433	167	21

OPERATING FUND FINANCIAL STATEMENT

Amount received to date in 2016 Fiscal Year	\$ 449,261
Expenses to date for 2016 Fiscal Year	\$ 474,713
Pledge amount for 2016-17 Fiscal Year Operating Fund	\$ 807,587
Pledge cards received	237

BUILDING FUND – (Mortgage Payments)

Amount received to date in 2016 Fiscal Year	\$ 49,631
Principal & Interest paid in 2016 Fiscal Year	\$ 77,208
Pledge amount for 2016-17 Fiscal Year Building Fund	\$ 87,405
Pledge cards received	104

The Building Fund is used to serve our \$ 852,435 debt obligation
from 2002-2004 construction of the sanctuary, fellowship hall,
and education building, as well as the 2007 acquisition of the
adjacent properties on Shady Grove Road. This loan is currently
being paid down at a 20-year amortization rate.

GROUNDED IN FAITH, GROWING TO SERVE CAMPAIGN

Amount received to date	\$ 147,179
Pledge amount for 3 years Capital Campaign	\$1,576,545
Pledge cards received	130



SERMON NOTES

Psalm 71:15-16

- We will argue through this sermon that our faith can _____ the words we use to communicate to others.
- A recent study reported by Scientific American revealed that, in general, we spend at least 60% of our conversational time talking about one thing and on thing only, _____.
- The biblical drama encourages us to focus our attention on _____ and our _____.
- Our words, the _____ we send out with negative tones not only can _____ others but can also indicate the way we see ourselves.



Announcements for October 2, 2016

We are glad you are here. It is our hope that you will find our worship meaningful and life-giving. If you are searching for a church home or are interested in learning more about Shady Grove UMC, we invite you to attend our next "Lunch with the Pastors" on Sunday, October 16, at 12:00 noon. To RSVP for lunch, please call the church office at 360-2600 or email plugin@shadygroveumc.net.

TODAY

Kindergarteners receive their Bibles today, in Sunday School room 103 of the education building at 9:30 am.

Companions in Christ Small Group: Sundays, 9:30-10:30 am – A 28-week study that is broken into five independent sections to introduce participants to the Christian Life. Chapel room C-10. Contact Lauren Adkins at ladkins@shadygroveumc.net.

Happen'n Hallows Eve is Saturday, October 29, from 4:00-7:00 pm. Tons of family fun activities. Tickets are being sold before and after Sunday School in the sanctuary, \$6 per person or \$30 maximum per family (presale).

Calling all children ages 3 years-grade 5 – Come and join us for the children's musical, *Christmas Hang-Ups*. Rehearsals are Sundays beginning October 2, from 3:30-5:00 pm in the sanctuary for children in grades 1-5, and begin October 30 from 4:15-5:00 pm for children ages 3 years-kindergarten. A full rehearsal schedule can be found on the children's music and arts page on our church website, www.shadygroveumc.net. Presentations are Saturday, December 3, at 4:00 pm and Sunday, December 4, at 9:30 and 11:00 am in the sanctuary. Packets can be picked up in the church office (Mon-Thurs 9-5; Friday 9-3), or at rehearsal. Contact Sylvia Cooper at scooper@shadygroveumc.net if you have any questions.

Youth Explosion Choir rehearsals continue Sundays from 5:00-6:00 pm in the sanctuary. This choir is for youth grades 6-12. We will be singing in worship October 16 and also will begin rehearsing for the annual Youth Choir Jam to be held at River Road Baptist Church November 18 and 19, with a free 3:00 pm concert Saturday, November 19. Cost to attend is \$15 payable to SGUMC by October 9. Contact Sylvia Cooper at scooper@shadygroveumc.net for more information.

Rowdy MOMs: Sundays, 5:00-6:00 pm – This group offers fellowship, support, and discipleship to moms who wish to deepen their relationship with God. Education building room 201. Led by Sarah Hardymon: thetrap4@hotmail.com.

Beyond the Sermon with Pastor David: Sundays, 5:00-6:00 pm – Join Rev. Adkins as he opens the morning's sermon to the group for discussion and reflection. Education building room 203. Contact Rev. Adkins at adkins@shadygroveumc.net.

Gift Cards to Benefit Youth Ministry – Be sure to check out the gift card table on Sunday mornings in the sanctuary foyer or download an order form from <http://shadygroveumc.net/youth-documents> to see many other cards you can purchase.

THIS WEEK

Mary, Martha, Mom: Wednesdays, 9:15-10:15 am – Preschool moms Bible study and fellowship group. Church library, second floor of the education building. Childcare provided. Contact: Lauren Adkins, ladkins@shadygroveumc.net.

Join us Wednesday nights at Shady Grove Bistro – Dinner is served 5:15 to 6:15 pm in the fellowship hall. RSVP on our website, www.shadygroveumc.net/shady-grove-bistro, email sgumcdinner@gmail.com, or call 360-3907, ext. 46 by noon Tuesdays. Adults: \$7, Child: \$3, Family (parents & children): \$20. Menu for **October 5** – baby back ribs, campfire baked beans, coleslaw, raspberry brownies. *Kids menu: homemade mac and cheese, hot dogs, grapes, jello.*

The Disciple I Bible Study class would like to extend a special invitation to the congregation. They will be resuming their studies on Wednesday evening, **October 5**, focusing on the New Testament. Have you ever wanted to take Disciple I but couldn't commit the whole year? Have you taken Disciple I and would like to refresh your New Testament studies between now and the New Year? Join this group as they dive into the word of God with open and welcoming hearts! Contact Lauren Adkins for materials if you would like to join, ladkins@shadygroveumc.net.

Wellness Wednesday 6:15-7:15 pm – Join SGUMC's Health Cabinet as they host various health and wellness professionals in the church library. This week: *Concussion: What's the Big Deal?* with Dr. Kristine Klammer Hansen, Physical Therapist. Contact: Caroline Walters or carolinewalt@verizon.net or Patti Hudak at 5daks@comcast.net.

Parenting Teens with Love and Logic: Wednesdays, 6:15-7:15 pm – Support group for parents of teenagers meeting in the church office kitchen. Contact Phyllis Adkins at dpadkins611@yahoo.com.

It's not too late to join us for our Christmas Cantata, At Last, Noel. Students in high school and adults are encouraged to be a part of this short term choir opportunity. Rehearsals for the Christmas musical choir offer child care and continue each Wednesday beginning at 7:15 pm, a full rehearsal schedule can be found on the adult's music and arts page on our website, www.shadygroveumc.net/adults-music-and-arts. Accompanied by orchestra, the musical will have two narrators and will also include "still drama": the Holy Family, wise men, and shepherds. If you would like to be a part of the still drama, please contact Sylvia at scooper@shadygroveumc.net.

Meditation with Kate: Wednesdays 7:30-8:15 pm – Kate Bishop resumes her weekly guided meditation, which will bring you peace in a busy working week. Bring an open heart and mind. Contact Kate at kbishop@shadygroveumc.net.

UMM Dinner and Meeting – Join the United Methodist Men for dinner on **Thursday, October 6**, at 6:00 pm. Chef Mike is serving chili with all the fixin's, garlic bread, and keylime pie. Forrest White of UMMVIM will share details about the tornado recovery efforts in Waverly, VA. Dinner is \$10, free for first timers. Childcare provided. To RSVP for dinner or hear more about UMM, contact Travis Goad: htravis.goad@gmail.com.

Separation and Divorce Support Group in the DOG House: Thursdays, 6:30-8:00 pm – Shady Grove will host a new support group open to the congregation and outside community looking for healing and support in a safe and confidential atmosphere. Childcare provided in the education building. Contact Jud White at drjud50@msn.com.

SGUMC is hosting a Life Line Screening for the community on Friday, October 7. They will perform ultrasound tests for stroke/carotid artery blockage, abdominal aortic aneurysm, peripheral arterial disease, and osteoporosis risk. In order to register and to receive a \$10 discount off any package priced above \$129, call 1-888-653-6441 or visit www.lifelinescreening.com/community-partners.

COMING UP

STEP Banquet and Fundraiser, October 20 – The congregation is invited to a banquet and fundraiser on Thursday, October 20, to support STEP which serves kids in need in Gilpin Court with afterschool tutoring and a meal. 6:30 pm at West End Presbyterian. Register at <http://tinyurl.com/stepbanquet> by **Monday, October 17.**

Seniors Brunch and Speaker – Wednesday, October 19, at 10:30 am in Chapel Hall. Bring a dish to share and join us to hear from Bobby Spiers, a member of Reveille UMC, who will share his research and knowledge on Charles Wesley. He will give us in-depth information about several of the hymns Wesley composed. RSVP to Betsy Katko at bjkatko@comcast.net or 360-5057.

The Center for Creative Arts – Autumn Studio Art workshops for adults will teach you how to create a Tuscany landscape - October 17, a mountain silhouette - October 25, Parent & Child Painting Workshop - November 10, and a floral still life painting - November 15. These evening workshops are great for friends, include light refreshments, and all supplies. No experience necessary! See the details on our new website at center4creativearts.org. The Center offers a broad array of classes for children and teens including art, chess, and private music instruction for all ages. Learn about our programs at www.center4creativearts.org or email center4creativearts@comcast.net to register.

Adult Mission Trip Opportunities – Adults are invited to be part of two mission opportunities: **November 10-13** - Tornado rebuilding in Waverly, VA, no cost except meals; **May 14-19** - Appalachia Service Project in Guyan Valley, WV, \$425. Contact Bob Payne at rpayne60@comcast.net or 305-8763.

PRAYER CONCERNS

Tori Anderson, Vic Anderson (father of Vicky Oliver), Terrie Besnier, Jim Bonnell, Jan Burger, Reba Deavours (mother of Dianne Shafer), Bonnie Dellinger (mother of Jill Early), Fyfe Dollar, Betty Finley, Ann Gooch (mother of Anita Schunk), Ann Gussett (mother of Laura Ann Kump), Laura Harkonen-missionary in Congo, Tommy Harris, Ryan Hartsook (son-in-law of Mike and Ruth Powell), Don Herrick (father of Anne Hurst and Sarah Metzgar), Peggy Hill, Terry Hoover (father of Haylee Douglas), Betsy Katko, Francis Lyons (grandmother of Walt Lyons), Pam Melton (daughter of Sylvia Chartier), Diane Morrison, Mike Powell, Caiden Purkey (grandson of Bob and Lisa Jones), Shirley Ronquest, Jim Schmidt, Lois Ann Sessoms (mother of Rachel Smith), Steve Stokes, Sara Walker

Homebound

Aleida Bultman, Beverly Robertson (mother of Martha Anne Martin), Linda Stone-Our Lady of Hope

Global Missionaries

Nico Chantel-Europe, Fishers 4 Him-Dominican Republic, Eva and Lindsay Gilliam-US, Laura and Timo Harkonen-Democratic Republic of the Congo, Liz Jackson-Philippines, Quynh-Hoa Nguyen-Vietnam, Heather and James-location undisclosed

Connection Group Discussion Questions

For the week of October 2, 2016 **Psalm 71:15-16**

These questions are to be used as a spring board for discussion.

Answers may or may not be found in the sermons.

1. The passage in our text was probably used in temple worship as a prayer while Israel was in Babylonian exile. How can prayer make a difference in the difficult times we encounter or can it?
2. Reread Psalm 71:15-16. What do these words tell us about the writer, if anything?
3. We develop about 60% of how we view the world by the time we're six years old. What do the words we learn in those formative years tell us, if anything, about the development of a child?
4. A recent study reported by Scientific American revealed that, in general, we spend at least 60% of our conversational time talking about one thing, ourselves. Discuss what you think this study tells us about our human nature, if anything?
5. God's message to the world through the prophets, apostles, and Jesus calls us to be outward focused. How does his message challenge our human inclinations to be selfish? Is it possible, if so, how?
6. Can the words we use make a difference in the lives of others we encounter in life? If so, how? Give examples of situations where you think the words used made a positive difference.
7. In a similar light, can the words we use have a negative impact on others we encounter? If so, how? Give examples of where you think words used had a negative impact?
8. Can our faith have an impact on the words we use in communicating to others? If so, how?
9. Discuss how you think the writer of our text's faith possibly impacted his words.
10. In our world with partisan politics, can the words we use have an impact in our culture? If so, discuss how this could happen?
11. Read 1 Corinthians 13. What does Paul's message say about how the church should conduct itself?

